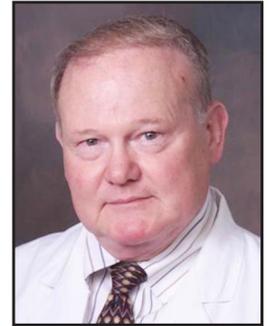


Message From the President

We just had a fun and productive meeting. Let me review the meeting in terms of the three areas I used last time: Transitions, Productivity, Fun.

Transitions- We have lost Knight Aldrich. Knight loved GAP and attended regularly. Steve Sharfstein paid tribute accurately when he described Knight as "an enduring GAP presence."

Helena Hansen has transitioned to contributing. We appreciate all her work as an active member and hope she will continue to come to our meetings. David Sasso and Alan Swann became GAP Senior Fellows for their long continuing service to GAP.



We have a large number of committee guests, almost 20. Some of these guests will be joining committees for our next meeting and some will meet with us one more time to decide. I met with a number of these guests and was impressed that they are experts in their fields and highly energetic and motivated to be productive for GAP. Our Fellows seem to be integrating well into our activities. We had four presidential guests. One was Andrea Knobloch representing Oxford University Press. We are developing a good relationship with Oxford University Press. We also had David Cash as a Presidential Guest from the Professional Risk Management Services. We appreciate the attendance of Susan Kweskin, Group Editor, from *Psychiatric Times* to work with our committees. I'll comment more about our relationship with all our guests below. We also had some committee consultants. Meiram Bendat is a psychoanalyst and attorney who is an expert in plaintiff's class action suits. He is meeting with the Psychotherapy Committee. Also Judge Steve Leifman continues as a consultant to Committee on Psychiatry and the Community.

Productivity- I assess productivity both in terms of committee reports and fundraising. David Adler says that reports from committees are slightly down from the Spring Meeting. There is significant variation in productivity among committees. Perhaps we can access the reasons for this variation. There are some fine works coming along. The Committee on Work and Organizations published Psychiatry of Workplace Dysfunction. That book could have significant benefit to industry and business. This book is published by Oxford University Press. The Committee on Psychiatry and Law has two books forthcoming.

We also measure productivity by the success of our fundraising activities. We are making progress. The number of GAP Guardians has increased since the last meeting. Thanks to new Guardians Joseph Westemeyer and Stephen Shanfield. I hope that all members will consider becoming a GAP Guardian, with a \$1,000 contribution to GAP either at one time or donated over a period of time. These donations have helped us significantly and they also are a very positive symbol to any outside agencies to show how much we care for our GAP.

The Board of Directors approved making materials available to members for estate planning to name GAP in their estates. Any member that is interested can receive materials that can be reviewed with their financial advisors.

There have been other significant contributions. Mr. Morris and his wife Martha, through their Cotswold Foundation in Villanova, Pennsylvania, have very quietly contributed over \$100,000 to GAP. That

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money will fund two Fellows. We are most appreciative of this gift, and Barbara Long made a presentation of the book Psychiatry of Workplace Dysfunction, which was dedicated to Mr. Morris. David Cash attended from The Professional Risk Management Services agency. PRMS has committed to full funding of a Fellow for the Child Psychiatry Committee. This additional funding is very much appreciated and we look forward to the first PRMS Fellow in 2019. We look forward to a good collaborative relationship with that agency. We had a Presidential Guest, Larry Gentile, a businessman with interest in improving the integrated care of people who have drug abuse problems and psychiatric problems. I will invite Larry to be my guest for another meeting and he can assess if GAP will fit in his charitable plans.

Fun and comradery- Sprints were good at GAP. We had a plenary speaker, Kelly Kelleher, M.D., who talked about how psychiatry needs to be more involved in integrated healthcare plans. The talk was a bit provocative and the speaker seemed to expect a more challenging response. Some of the questions were slightly challenging, but in general it was a friendly reception for a speaker who made us think about how psychiatrists can participate in these integrated systems of care.

Of course, the reception and dinner after the plenary session were both a lot of fun. As well, we have reinstated the evening bar with full libations. That was a good decision because people were having fun on into the evening with group singing and discussions. One member commented to me that this meeting brought joy back into going to meetings. GAP is hard work, but should also be fun.



John G. Looney, M.D., President

ANNOUNCEMENTS:

1. *Psychiatric Times* is planning a new column "What's New In XXX," a single page 1200-1500 words dedicated to bringing their readers up to date with the most important recent advances in various areas of psychiatry. They are interested in GAP's participation. This will be further discussed at the Spring 2018 Meeting.
2. Doctor Knight Aldrich became a GAP Member in the early 1940:

Knight Aldrich, 103, died on November 3, 2017, at Westminster Canterbury of the Blue Ridge in Charlottesville, Va. He was born on April 12, 1914, in Chicago, the son of L. Sherman Aldrich and Bessie Knight Aldrich. He is survived by his daughter, Carol Barkin, and her husband, Coleman (Spike), of Hastings-on-Hudson, N.Y.; his son, Robert Aldrich and his wife, Amy, of Washington, D.C.; his daughter-in-law, Leslie Aldrich (the widow of his son Michael) of Ann Arbor, Mich.; and his daughter-in-law, Susan Aldrich (the widow of his son Thomas) of Pelham, N.Y. He is also survived by eight grandchildren and three great-grandchildren: David Barkin, his wife, Julie, and their children, Ben and Ella, of Concord, Mass.; Katie Mischaikow, her husband, Chris, and their son, Thomas, of New York City; Drew Aldrich and his wife, Quinn, of New York City; Daniel and Adam Aldrich of Washington, D.C.; and Brian, Matthew, and Jennifer Aldrich of Ann Arbor, Mich.

His wife, Julie Honore Aldrich, died in 2013 after 71 years of marriage.

Knight graduated from Wesleyan University in Middletown, Conn., in 1935 and from Northwestern University School of Medicine in Chicago in 1940. After interning at Chicago's Cook County Hospital, he was a resident in psychiatry at Ellis Island and later a commissioned officer in the U.S. Public Health Service. After World War II, he was a faculty member of the medical schools at the universities of Wisconsin and Minnesota, and in 1955 he became chairman of the newly formed Department of Psychiatry at the University of Chicago School of Medicine.

Knight's interest in short-term solutions to mental health problems began when he worked with college students, continued as he investigated and taught ways in which general physicians can deal with the mental health problems they encounter in their practices, and culminated in a commitment to community psychiatry, which took him first to an effort to improve the care of psychiatric patients living in Newark, N.J., and later to the Region X Community Mental Health Center in Charlottesville, Va., where he also served as professor of psychiatry and of family medicine at the School of Medicine at

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the University of Virginia. He was the author of many articles and several books, most about aspects of psychiatry and one based on his great-grandfather's Civil War letters. In an unexpectedly long retirement, he traveled widely and pursued an interest in history—of psychiatry, of his family, and of the Civil War. His unwavering commitment to understanding mental illness and improving mental health care was a model for colleagues and students; his intelligence, his enthusiasm for life, and his delight in pursuing his boundless curiosity will be missed by all who knew him. He is remembered with much love by his family and friends.

A memorial service was held at 3 p.m. Saturday, November 11, 2017 at Westminster Canterbury of the Blue Ridge, 250 Pantops Mountain Road, Charlottesville, VA 22911. In lieu of flowers, please make any donations to one of the following charities: Thomas K. Aldrich MD Memorial Fund, Montefiore Medical Center, Montefiore and Einstein Office of Development, 3325 Bainbridge Avenue, Bronx, New York 10467, <http://www.montefiore.org/aldrichfund> or Michael S. Aldrich Collegiate Professorship in Sleep Medicine, #570130, Gift and Records, University of Michigan, 3003 S. State St., Ste. 8000, Ann Arbor, MI 48109.

GAP PUBLICATIONS BOARD MEETING

Present: Drs. Adler, Barber, Drescher, Dube, Erlich, McIntosh, Nadelson, Robinson, Schreiber, Wrzosek, Yash, Winston, Wu

1. Update on former Reports:
 - a. The Psychotherapy Committee has an established routine with our subcommittee: Tom Franklin, Jack Drescher and Lois Flaherty who have reviewed and the Board has approved two *Psychiatric News* columns on Psychotherapy which have been published between the last meeting and this one.
 - b. Both the Professionalism and Ethics Committee and the Prevention Committee submitted manuscripts that were reviewed, revised and approved for submission for publication.
 - c. This was the season of books thanks to Oxford Press. Work and Organizations old manuscript was accepted for publication in 2018. I just wrote an endorsement blurb for Psych and Laws first book which is coming out in 2018 from Clinic to Courtroom. The second book on family murder is coming close to the end with only two more chapters for us to review; another great book in the making. Thank you for all the reviewing of chapters you have done.
 - d. Our GAP Blog website has lain dormant so our subcommittee: Mary Barber, Aaron Krasner and Jack Drescher have had nothing to do since no committees have submitted blogs since Arts and Humanities did two around the last meeting.
 - e. College Student, Addictions and Neuropsychiatry all got feedback from the Publications Board but have not submitted revisions.
 - f. The Gender and Mental Health Committee proposal to Oxford University Press for a series gender related case books is under contract. We will be receiving the first chapters shortly.
2. The following journals have invited submissions specifically from GAP:
 - a. Psychiatric Services – Lisa Dixon, editor.
 - b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Atezaz Saeed, editor.
 - c. Journal of Nervous and Mental Disease – John Talbott, editor.
 - d. Journal of Psychiatric Practice – John Oldham, editor
 - e. Journal of Gay and Lesbian Mental Health – Chris McIntosh, editor
 - f. Adolescent Psychiatry – Lois Flaherty, editor
 - g. Community Mental Health Journal – Jackie Feldman, editor
3. We reviewed the current Publications Board review process and plans for going forward. Generally committees have found that feedback both of specific editing as well as general comments to be extremely helpful. We will continue to provide this with board members responding as they are comfortable and feel is useful.
4. Arts and Humanities submitted a proposal for a GAP twitter site that will require discussion beyond the Publications Board level.
5. Susan Kweskin of *Psychiatric Times* once again attended the GAP meeting. She was available to meet with committees about a new 1200-1500 word column to be instituted by *Psychiatric Times* entitled “What’s new in...”. This is an excellent potential venue for some of GAP’s committee products and will be discussed further at the committee level.

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OPERATING COMMITTEE REPORTS:

Administration & Leadership:

Present: Mohyudin, Petit, Saeed, Silver, Weinberg and Buwalda (via SKYPE)

Fellow: Yash Joshi

Guest: Brian Hepburn, MD

The Committee is working on three projects:

1. APA Annual Meeting Submission: awaiting decision from APA, targeted to practicing psychiatrists, psychiatry residents, training directors, and other mental health professionals.
2. International Survey, deciding on where to send, targeted to practicing psychiatrists, psychiatry residents, training directors, and other mental health professionals.
3. Training Manual/Curriculum for Residents: first draft mostly completed, targeted at practicing psychiatrists, psychiatry residents, training directors, and other mental health professionals.
 - We discussed submission from the Committee for the 2018 APA Annual Meeting, currently awaiting decision from APA Annual Meeting Program Committee. We also discussed potential submissions for the next IPS and/or APA and considered the following:
 - A workshop on our recent paper for IPS. Sy will work on this.
 - Workshop on outcome management. Victor will work on this.
 - Workshop on technology, with focus on technology used for rural and underserved area. This can cover areas such as: hot to think about using technology; signal to noise ratio for technology; how to test, how to decide, shelf life, where to go to look for such information; etc.?
 - We discussed our most recent paper (on Definition and Competencies: Psychiatric Administration and Leadership). The paper is already published online and the print issue is not assigned yet. We discussed developing more on the second part of the paper that focuses on competencies. This will be in anticipation of our work on the curriculum for residents.
 - International Survey (Jorge and Victor) is complete and ready to be sent out. There have been logistic difficulties in sending it out. We'll FU with entities like GAP Committee on Global Psychiatry, WPA, EPA, International Initiative for Mental Health Leadership, etc. Talking with Elliott Sorel may also be helpful.
 - Training Manual Curriculum for Residents. Followed up on Email to AADPRT to assess current didactics in administrative psychiatry. Farooq did not get much of a response to his query to AADPRT. This may be due to survey fatigue or may be that there is not much out there. He will survey again, including reference to Committee's current work (survey, training paper, and competencies paper). We also discussed whether it be worthwhile to do a workshop at AADPRT and whether it will be better to have a sketch of a curriculum for that workshop. In this regard, Stu offered to review the websites of the 200 residency programs and make a compendium of what they offer in administration and leadership.
 - We followed up on our previous discussion of working on a book on administrative issues. There is not a great interest in it for now.
 - Discussed "the Financial Masterclass." Which was supposed to be a follow -up on what we presented at IPS medical directors' boot camp on this subject. There was some discussion regarding also doing a "work book" versus doing a webinar on this. APA has a practice management webinar that covers some of this area. We decided to put this back on the Spring meeting agenda when we know more about Stu's health.
 - GAP Committee on Mental Health Services would like to put together a book related to value driven care with some emphasis on psychiatry's role in it. They are wondering whether our committee might be interested in collaborating to some extent in that process. This was discussed at some length and there was a strong interest in collaboration.
 - We discussed Joint Commission's Publication: An Organizational Framework to Reduce Professional Burnout that was sent from our former member Steve Moffic.
 - Expanding membership of the Committee.
 - This being Dr. Hepburn's second meeting and given his interest in becoming a member, the Committee voted unanimously to elect him as a member and to forward our recommendation to the GAP Steering Committee
 - Dr. Lekwauwa is rethinking her move to another committee and had approached the committee about this. The Committee voted in favor.
 - Potential guests at the Spring Meeting:
 - John Touros, working on technology apps for psychiatry, Victor will talk with him to explore his interest in

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- o attending as a guest.
 - o Anita Everett. Farooq will explore her interest.
 - o Tobias Wasser. Sy will follow up with him
 - o Marvin Swartz, Sy will follow up with him
 - o Laura Roberts
 - Open Discussion. Sy would like to discuss succession plan for the committee chair. Postponed until Spring Meeting
 - Other Business. None

Adolescence:

Present: Becker, Harper, Wittenberg, Flaherty (via conference call)

Guests: Jake Crookall and Sarah Lytle, (Natasha Vianna via conference call)

Current Projects and Progress:

1. “Teen Mothers” paper – The group reviewed the penultimate draft of this paper, and in particular considered how best to include the “voices of lived experience” vignettes. This paper is targeted at primary care providers, and a final draft will be submitted to the Publications Board subsequent to the meeting.
2. “Teen Mothers” book – the group refined an outline of the book, assigned chapters to specific members and guests, and discussed a plan for completing a first draft by the time of the Spring Meeting. We will invite additional experts, outside of the committee, to participate in writing portions of the book.

Between-Meeting Work:

A Winter conference call is planned to review progress on the book.

Focus of Work for the Next Meeting: The next meeting will focus on the book.

Aging:

Present: Ellison, Kyomen, Lehmann, Meador, Rohrbaugh, Sakauye

Project 1: The Need for Geriatric Mental Health Expertise in Collaborative Care. It is in the first draft, anticipation date of completion is April 2018. This is intended for audience that would include physicians and training directors involved in preparing psychiatrists to work in collaborative care.

Project 2: Raising the Bar on Geriatric Competency. The first draft is mostly completed and anticipated to be completed by April 2018. This project is intended for an audience that would include training directors and leaders of organizations that work with CMS.

The Committee has discussed *Psychiatric Services or Academic Psychiatry* for Project 1 and *Psychiatric Services* for Project 2.

The Committee would welcome other suggestions regarding appropriate publications to which to submit the projects described.

The Committee discussed the projects described and spent most of the meeting creating first drafts. We also discussed a potential third project: a piece on the issue of cognitive and functional assessment of aging physicians.

The Committee will work on these projects with the goal of having completed first drafts by the April meeting. The Committee will work on revising the drafts for submission to the Publications Board. We will seek to arrange telephone consultation with other experts in the field of geriatrics and collaborative care (e.g. Jurgen Unutzer)

Arts & Humanities:

Present: Dube, Lustbader, Sasso, Tamerin, Westphal

Guest: Chris Snowdy

1. The Committee is working on the History of Psychiatry Video Series. This will be posted on line. The work continues on the History of Psychiatry Video Series. The 19th Century Video is now posted on our new committee YouTube channel.
2. The Committee’s second project is a *Psychiatric Times* Blog Series, targeted to practicing psychiatrists, psychiatry residents and training directors.
3. The Committee’s third project is developing a Twitter account to be completed by the next meeting.

Plans for Between Meeting Work:

Finalize Ancient Origins video and continue work on Contemporary Psychiatry video.

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Focus of Work Accomplished During the Meeting:

Since the last meeting, a new *Psychiatric Times* blog piece on the History of Psychiatry by Ken Weiss was published. The piece includes a link to the 19th Century video on our newly created YouTube channel.

Plans for Between Meeting Work:

Committee members will work on occasional *Psychiatric Times* Blog pieces.

The Committee encourages GAP members to suggest topics for our blog series on topics at the intersection of Psychiatry, the Arts, and the Humanities, and to submit their own short blog pieces that our committee will edit and submit to *Psychiatric Times*.

Focus of Work Accomplished During the Meeting:

The Committee drafted a proposal to create a committee Twitter account to serve as a hub for information and links to content regarding the intersection of psychiatry and the arts and humanities, and to publicize our committee products.

Child:

Present: Sarvet, Stubbe, Dowben, Jackson, Shapiro, Schowalter, Tanguay, Pseffer

The Committee is working on a manuscript, "Growing Up Muslim in the Age of Islamophobia: Clinical and Policy Implications."

The manuscript is in subsequent drafts to be submitted to *Adolescent Psychiatry* or AACAP.

The Publications Board can offer its usual review and recommendations.

Focus of Work Accomplished During the Meeting:

Making plans for completion of two articles:

1. Growing up Muslim in the age of Islamophobia: The Changing Role of Child and Adolescent Psychiatrists
2. Choosing next project(s): 21st Century Challenges to Parenting

Plans for Between Meeting Work:

Conference calls for January, February and March

Focus for Next Meeting:

Reviewing article, editing, preparation for submission.

Climate:

Present: Haase

Guests: Janet Lewis, Jillan Cantor, Anne Richardson, Jack Gorman

The Committee has two articles in process:

1. One is on working clinically with anxiety about climate change, with a focus on how it is different than work with other anxiety, where reduction rather than transformation of symptoms is the goal, to be completed May 2018.
2. The second is an attempt to define climate psychiatry – what does it encompass, and what is unique to it, to be completed February 2018.
3. Finally, we will be submitting our survey on attitudes about climate change among psychiatrists to the Publications Board and hope to distribute it to a random sample of psychiatrists through the listserves of various subspecialty organizations within psychiatry.

These will be submitted to *Psychotherapy Networker* or *Psych Annals*.

Focus for Work Accomplished During the Meeting:

We have concluded our work for Climate Psychiatry Alliance, which led to the foundation and structuring of this organization, preparation of a website, engagement with APA leadership, who have now promised to dedicate a caucus to climate psychiatry and have joined the Medical Consortium on Climate Change and Health.

Plans for Between Meeting Work: We have assigned sections for a rough draft for project 1 and project 2 will be written by one of us and researched by the others.

Focus for Next Meeting:

Finalize these papers, possible preparation of a slide show.

College Student Committee:

Present: Kring, Siggins, Notman, Ackerman, Stern

Fellows: none

Guests: Ludmila de Faria

Projects discussed during November 2017 meeting:

1. College Students in Search of Better Grades? 1200 word column for *Psychiatric Times*; Draft completed in November 2017; will send to the GAP publication board for review and editing in November 2017

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Anticipated audience: general psychiatrists and primary care providers

Discussed 200 work long abstracts for future columns for Psychiatric Times; these abstracts will be submitted as a “pitch” for a column to the editors at Psychiatric Times before writing the actual paper

1. Alexandra Ackerman: Getting Ready for the iGeneration: the role of social media and the increase in suicide rate
2. David Stern: Deprescribing psychiatric medications for college students
3. Ludmila de Faria: Rising Acuity and Complexity of Psychiatric Cases among College Students: towards a comprehensive medical leave policy
4. Malkah Notman: Transgender Issues in College Counseling Services

Focus for April 2018 meeting:

1. Write and submit columns # 1 – 4 as outlined above to the GAP Publication Board
2. Plan for a workshop presentation on college mental health issues for the Institute for Psychiatric Services on October 4, 2018 in Chicago, Illinois

Gender & Mental Health:

Present: Green, Benders-Hadi, Nadelson, Robinson

The Committee is working on a book, Case Book on Post Partum Disorders to be completed December 2017. This will be targeted to practicing psychiatrists, psychiatry residents, OB/GYN, Nurse Practitioners, Family Practitioners, Midwives, and other mental health professionals.

There is a contract in place with Oxford University Press.

Focus of Work Accomplished During the Meeting: Completing the chapters and planning for the next book.

Plans for Work Between Meeting Work:

Finishing the book chapters starting to write next book.

Focus for next meeting: Pregnancy Case Book work.

LGBT:

Present: McIntosh, Schwartz, Barber, Drescher, Lothwell, Tompkins, Casoy, Ashley, Adelson, Goldenberg,

Fellow: Libby

Guests: Hassan Ghazzawi and Selena Sirdhu

The Committee is working on the Dear Abby Letters – Transsubset to be completed by March 1. This will be targeted to practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals. This will be submitted to *Journal of Gay and Lesbian Mental Health*.

Focus on Work Accomplished During the Meeting: Putting together the first draft of trans paper.

Plans for Between Meeting Work:

Finish up trans paper and submit to Publications Board March 1. The Committee is beginning coding overall sample, begin coding prison sub-sample.

Focus for Next Meeting:

The Committee will be writing papers for overall sample and/or prison subsample.

Mental Health Services:

Present: Bell, Fried, Lluberes, Ranz, Sastry, Shoyinka, Sowers, Wong (via video)

Fellow: Fage

Guests: Sapra, Battaglia

Allen

The Committee is working on a project “Value Based Services and Psychiatry.” The proposal should be ready to send to the publisher by the Spring Meeting.

This project will be targeted to practicing psychiatrists, psychiatry residents, training directors, psychologists, mental health professionals, and all behavioral health stakeholders and policy makers. This manuscript will be submitted to Oxford University Press, Springer and APPI.

Focus of Work Accomplished During the Meeting:

- Reviewed and elaborated book chapters
- Discussed process and timeline for development of the book
- Identified potential authors within the committee and GAP
- Identified specialty topics that could contribute to value in MHS

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- Agreed upon a format for book chapter

Plans for Between Meeting Work:

- Complete list of authors we would like to invite to contribute
- Firm up assignments of lead author for each chapter
- Send invitations to contribute to potential authors
- Complete one or two chapters for submission with the book proposal in the spring
- Elaborate outlines for chapters that are firmly assigned
- Assign editing functions

Focus for Next Meeting:

- Finalize Proposal
- Review content outlines and discuss any ambiguous inclusions
- Meet with key GAP committees that would be contributing

The Committee will be reaching out to other committees and GAP members.

Neuropsychiatry:

The Committee is working on two projects:

1. The Six Most Important Cases in Neuropsychiatry History
2. The Montreal Neurological Institute and Wilder Penfield

The Committee will begin responding to the review process.

The Committee on Neuropsychiatry has submitted our Cases to a journal and is awaiting feedback. The paper is very long and will need revision, the question is how long a paper will be acceptable. We have selected a topic for our next paper and obtained copyright information for an illustration we want to use. This paper will be short and we aim to finish a draft by the Spring Meeting.

Prevention Committee:

Members attending: Michael Compton, Carol Koplan, Rebecca Powers, Ruth Shim, Marc Manseau

Fellow attending: Kevin Simon

Guests attending: Josh Berezin

Current project: The GAP Prevention Committee is embarking on a new book that will focus on the eight greatest pieces of mental health legislation in modern American history. Each chapter (e.g., on the Fair Labor Standards Act, the Civil Rights Act, the Fair Housing Act, the Americans with Disabilities Act) will present the historical context that led to passage of the federal legislation, give an overview of the law, present intended outcomes, and then show how it positively impacted the mental health of Americans by acting upon key mediators (the social determinants of health). The anticipated audience will be fairly broad, beyond clinical psychiatrists. The Committee hopes to find a publisher of the book by spring/summer of 2018, with a completed manuscript by the end of 2018.

Professionalism & Ethics:

Present: Fallon, Gennaro, Hafter Gray, Howe, Nesheim

The Committee has two projects:

1. Consent/Assent to Publish Reports of Psychotherapy of Child and Adolescent Patients. The second draft discussed and plans made for further review of literature. Anticipated date of completion: Fall Meeting
2. Conflicts of Commitment. What they are and how one may manage them.

There is a discussion and identification of issues requiring exploration. Anticipated date of completion: Fall Meeting.

The Committee would appreciate suggestions where to publish.

Focus of work accomplished during the meeting: Clarified issues from various perspectives, planned next of draft of first paper...

Identified emerging issues re conflict of commitment.

Plans for Between Meeting Work: Working on line to create another revision.

Focus for Next Meeting: Continuing discussions with possible finalization of draft of first paper.

Psychiatry & the Law:

Present: Ash, Appel, Frierson, Giorgi-Guarnieri, Hatters-Friedman, Martinez, Martinez, Resnick

Guest: David Cash, PRMS Representative

The Committee is working on the book, Family Murder, anticipated to be completed December 1. This publication will be

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targeted at practicing psychiatrists, psychologists and other mental health professionals. APPI will be publishing the book.

Focus of Work Accomplished During the Meeting:

Completion of manuscript editing discussion of next project, teaching general psychiatrists about forensics.

Plans for Between Meeting Work: preliminary writing for next project and working on new project.

Psychiatry & Religion:

Members Attending: Fayez El-Gabalawi MD, Jenifer Niels MD (attained membership this meeting); Michael Norko MD, MAR (chair); James Phillips MD

Fellow Attending: David Saunders MD, PhD

Guests Attending: Salman Majeed MD (guest, 1st visit; child & adolescent psychiatrist)

Other Member: Brian Fallon MD (attained membership this meeting)

Project Information:

Religion and Psychiatry in the Age of Neuroscience

Fast track: journal article

First draft reviewed during meeting; work plan revised – hope to submit to Publications Board by Feb 15

Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs

Potential Journals: *Mental Health, Religion & Culture, Journal of Religion & Health, Psychiatric Quarterly*

Any ways in which the Publications Board might be helpful: This paper is likely to be at least 5000 words (~25-30 double-spaced pages). We would welcome recommendations for other journals to consider – include potential targets for intermediate length manuscripts.

Psychiatry and the “Spiritual but not Religious” (SBNR)

Fast track: journal article

Outline reviewed during meeting; writing assignments made; plan to review first draft in April

Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs

Potential journals/publisher: *JNMD; Mental Health, Religion & Culture; Journal of Religion & Health; Psychiatric Quarterly; Psychology of Religion and Spirituality*

Any ways in which the Publications Board might be helpful: not at this time

Topic: White Paper on the importance of faith communities in efforts to reduce suicide and other negative mental health outcomes for LGBT youth

Fast track: journal article

Outline reviewed with LGBT Committee; first draft on epidemiology section prepared by LGBT Committee; other writing tasks reviewed/re-assigned; coordinating with LGBT Committee

Anticipated audience: Faith communities, general public, practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs

Potential journals: *Mental Health, Religion & Culture; Journal of Religion and Health; lay outlets; or GAP website (see next item)*

Any ways in which the Publications Board might be helpful: Discuss possibility of posting the white paper on the GAP website; suggestions for lay outlets that we might approach to achieve a wider circulation to members and leaders of faith communities

Topic: Dear Abby narratives

The LGBT Committee is leading this project. We have provided recommendations for using Fowler’s Stages of Faith in their analysis. We met with LGBT Committee again to review the progress on this project.

Focus Of Work Accomplished During The Meeting:

We reviewed our efforts to obtain feedback from the Templeton Foundation regarding our denied grant application for fellowship endowment.

We reviewed the first draft of the paper on religion and spirituality in the age of neuroscience; agreed on further amendments to be made; project leader (Dr. Phillips) to make amendments, circulate to committee for further review/comment and final preparation of manuscript to submit to Publications Board by Feb 15, 2018, in order to be able to discuss their feedback at our April meeting.

We reviewed a thorough outline for a manuscript on the decline of religious institutions and the growth of individuals identifying as spiritual but not religious (SBNR) and the implications of these trends for mental health practice and research; assigned writing and research tasks; project leader is Dr. Saunders, GAP Fellow assigned to our committee.

We met with representatives of the LGBT Committee to review their progress on the Dear Abby project (narratives from LGBT

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folks about their experiences with their faith communities) and the use of Fowler's Stages of Faith as part of that project. We also reviewed with them the outline for a white paper addressed to faith communities about the mental health implications of acceptance/rejection of LGBT youth and adults; reviewed the draft of a section on the epidemiology of mental health effects prepared by the LGBT Committee; reviewed and modified the writing/research tasks; plan to have a working draft for our review/discussion at April meeting; project leader is Dr. Norko.

We discussed ideas for future projects on: extremism/fundamentalism, including consultation with Terrorism Committee (Drs. El-Gabalawi and Niels); application of faith development research to clinical practice of psychotherapy (Drs. Fallon and Niels); and biographical essays on mental health attributes of major religious figures (Dr. Phillips).

We had further discussion with Dr. Sharfstein about our committee's nomination for the 2018 Dear Abby Award.

Plans For Between Meeting Work:

- Prepare final drafts of neuroscience paper for submission to Publications Board by February 15, 2018
- Draft SBNR manuscript for review/discussion at April meeting
- Draft white paper on mental health effects of faith community acceptance/rejection of LGBT youth for review/discussion at April meeting
- Develop ideas on Fowler faith development stages and clinical practice for discussion at April meeting
- Develop ideas on religious extremism/fundamentalism for discussion at April meeting, including consultation with Terrorism Committee
- Develop ideas on mental health attributes of historical religious figures for discussion at April meeting
- Continue correspondence with LGBT Committee on our collaborative efforts

Focus For Next Meeting:

- Review feedback from Publication Board on neuroscience paper; plan revisions accordingly
- Review SBNR draft; develop plan to finalize manuscript for submission to Publications Board
- Review white paper draft; meet with LGBT committee to review progress on this and their Dear Abby narratives paper
- Discuss development of other projects

Psychopathology:

Present: Adler, Berlant, Erlich, Goldman, Levine, Oslin, Siris

Fellow: Winston

The Committee is working on "The Role of Adaptation in Delivering Integrated Care: The Tension Between Care and Evidence-Based Practice with the final draft near submission. The manuscript will be submitted to *Psychiatric Services*, December 2017.

The Committee completed our current manuscript: The Role of Adaptation in Delivering Integrated Care: The Tension Between Care and Evidence-Based Practice.

Plans for between meeting work: Considering next topic

Focus for Next Meeting: Choosing next topic and beginning writing.

Psychopharmacology:

Present: Garakani, Gross, Pine, Sumner, Slaby and Baron via conference call

Fellow: Rakesh via conference call

The Committee is working on a project, Pharmacogenomic Testing in Psychiatry, to be completed November 2018. This will be targeted at practicing psychiatrists, psychiatry residents, and other mental health professionals, to be submitted to *Lancet Psychiatry*.

Focus of Work Accomplished During the Meeting: complete the outline

Plans for Between Meeting Work: Assignments and preparation

Focus for Next Meeting: Assembling and editing text

Psychotherapy:

Present: Drew Clemens, Kiki Kennedy, Daniel Knoepfmacher, Susan Lazar, Lisa Mellman, Eric Plakun, Mark Unterberg, Frank Yeomans

Consultant present on-line: Meiram Bendat

Fellow: Kate Pier

Visitors:

Lily Arora - potential new member

Mark Unterberg – potential new member

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Virgil Stucker - former head of Cooper Riis
Larry Gentile - interested in supporting GAP
Wistar Morris - interested in supporting GAP

As a preface to the specific agenda items, I would like to say that the group felt really energized and like we're on a roll.

1. Comings and goings from the Committee -
 - a. Frank reported that Donna had resigned from GAP because of ongoing schedule conflicts with the meetings of another organization. We will miss Donna and her special combination of wisdom, kindness, and productivity. The good news is that Donna agreed to be available to work together on relevant projects
 - b. Mark Unterberg decided to join the committee and got the rest of us excited about a new project - see below.
 - c. Lily Aurora, a psychiatrist specializing in substance abuse from Rutgers, came to the afternoon meeting and is interested in joining us.
2. Meiram's status. Frank went to the GAP Board meeting on Thursday to make the case for Meiram to continue as an Ittleston consultant. The Board discussed the issue of "lifetime fellows" and decided to abandon that concept in favor of renewable fellows, with the renewal based on the fellow's continuing to have a central role in the committee's work. Meiram was approved for 2 more years with us. We were grateful for that.
3. Susan reported on the important paper produced by the Coalition for Psychotherapy Parity that is attached. It is an important document that she would like all of you to distribute to any professional or advocacy groups that you think might sign on.
4. Eric reported that the APA Psychotherapy Caucus continues to grow under his leadership.
5. Eric also reported that his action paper on the ethics of psychiatrists who work for managed care entities was approved the APA.
6. Meiram gave an exciting report on the UBH case, which appears to be going well. Eric was an expert witness in the case. Our visitors were very impressed with this project. Virgil said that he felt he was seeing history in the making. It is likely there will be a press conference after the trial is over (February?)
7. Conference presentations: Daniel, Susan, and Meiram have applied to repeat an updated version of their panel on medical necessity at the APA in May in NY (We'll plan a dinner).
8. We reviewed our commitment to write monthly columns for *Psychiatric News*. The committee has done a great job on these columns, but they have also taken our energies away from other possible projects. We decided to keep writing for *Psychiatric News* but to perhaps slow the pace a bit to free time and energy for other projects. See list of projects below.
9. Kate volunteered to add content to our page on the GAP website, with help from Frank
10. Any new candidates for our committee?
 - a. It would be great to find a CBT colleague; any leads would be appreciated.
 - b. Lily is interested in returning to our committee.
 - c. There were a couple of other expressions of interest from members of other GAP committees during the day.
11. Projects to pursue:
 - a. For *Psychiatric News*:
 - i. Similarities between CBT and PDT - Kiki and Donna, who agreed to work on this, would take the lead
 - ii. Psychotherapy in a Rural Setting - Randy, if he is still interested
 - iii. Toward the Integration of Psychotherapy Models for BPD - Frank, possibly with John Gunderson
 - iv. Kiki proposed the general idea that we do a series a case presentations related to current events. This idea was in relation to Drew's discussing a case involving guns. There are any number of other possibilities for illustrating how current events may "show up" in the office: bullying, transgender issues, politics-related anxiety, etc.
 - b. For *Psychiatric Times*: An article tracing the arc from the insurance industry's developing the concept of "medical necessity" to the "parody of parity" to current legal efforts to better the situation - Daniel, with help from Meiram
 - c. Following up on Meiram's legal efforts:
 - i. to monitor the impact of court decisions on the insurance industry's positions and the delivery of care; more specifically, "to identify metrics and follow these parameters to track specific changes made by major health carriers in the wake of the class action lawsuits, e.g. changes to medical necessity guidelines, to rates of reimbursement, and to rates of claims denials."
 - ii. Virgil offered to bring the work the Committee is doing with Meiram to Ben Carey's attention.
 - d. Drew brought up an issue that captured our interest: the impact of the concept of "fake news" and the impact of the general decline in trust in society on the practice of therapy. There are many other aspects of changes in society (e.g.,

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interacting with screens rather than people, the loss of etiquette, social media and the construction of “false selves”, etc.) that have a bearing on psychotherapy (and vice versa). This is a broad area we should define more clearly in terms of what we would like to write and where we would like to publish it.

Research:

The Committee on Research had a productive meeting. Kelly Kelleher was a good fit with us. It is time for GAP as a whole, including each committee, to step up to the plate regarding the mental health crises of our time – not unlike the Post WW-II psychiatric crisis that led to the formation of GAP.

1. The Committee agreed to have monthly conference calls except for April and November. They will be on the 3rd Friday of the month at 12 noon EST.
2. The PowerPoint from Doctor Kelleher’s Plenary Session was reviewed
3. The first draft of the op-ed that incorporates our discussions at the meeting and ideas from the Plenary. This replaces the version we have been working on since April.

Work & Organizations:

Present: Brown, Long, Morrison, Sassano-Higgins

Fellow: Christopher T. Flinton

The Committee is discussing the topic: Online Curriculum Work Psychiatry, which will be an online product.

Focus of Work Accomplished During the Meeting:

Discussion and approval of new topic and assignment of tasks within topic.

Plans for Between Meeting Work:

Members are to write the designated chapters before the Spring Meeting and circulate among members.



DATES OF FUTURE GAP MEETINGS

Renaissance Westchester Hotel • 80 West Red Oak Lane • White Plains, NY 10604 • 914-694-5400

2018
April 12-14
November 8-10

2019
April 11-13
November 7-9

2020
April 2-4
November 12-14

2021
April 15-17
November 11-13

2022
April 7-9
November 10-12

2023
April 20-22
November 9-11

2024
April 4-6
November 14-16



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