

Message From the President

GAP's Spring Meeting has come and gone and it was quite an event. Many of you have taken the time to let me know, in person and in writing, how stimulating you found it. I can only concur.



One highlight of the meeting was the Plenary address by Robert Whitaker, author of *Anatomy of an Epidemic*, <http://robertwhitaker.org/robertwhitaker.org/Home.html>. Two thirds (!) of the GAP members in attendance managed to read his book before the plenary which, I would add, not only started half an hour early but also ran twenty minutes over the scheduled time. Overall, Whitaker's views and opinions generated lively discussions before, during and after the presentation. Hopefully, some GAP committees will be taking up the issues he raised in their future writing projects. Congratulations are in order to Stu Copans, Doug Kramer and the Plenary Committee for suggesting Whitaker as a speaker.

Another highlight took place during the Friday morning business meeting. As mentioned in previous circular letters, Josh Gibson, a member of the Committee on Planning, Marketing and Communications (PM&C), has been working with <http://www.catchafire.org/> Catchafire to match GAP with experts in the areas of branding our organization for contemporary professional and lay audiences. As part of a storytelling project, Josh presented several completed and compelling GAP stories. We can always use more stories, so feel free to contact either Josh (josh.gibson@ucsf.edu) or myself (jackdreschermd@gmail.com) if you have any questions about how to write one.

Josh then concluded with a presentation of four different logos designed for GAP. Those in attendance used their cell phones (think American Idol . . .) to vote for a winning logo, the one now adorning this circular letter. Note that the new logo features our full name, Group for the Advancement of Psychiatry, because competing for name recognition with "the other GAP" is just too formidable a branding project.

I would like to take a moment congratulate our two new elected members of the Board of Directors, Larry Gross and Joe Merlino, and look forward to working with them. I would also like to thank the outgoing Board members, Ellen Berman and Raghu Rao for their service on the Board. Congratulations as well to Mary Barber for having taken on the Chair of the Fellowship Committee where I am certain she will build upon the accomplishments of her predecessor, Larry Gross.

David Sasso has taken the initiative of developing the previously approved committee, Committee on Psychiatry and the Arts. This committee is now seeking new members. They will be brainstorming over the next several meetings to narrow their focus and potential topics of interest may include:

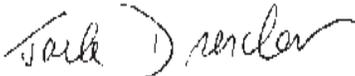
- depictions of psychiatry in the arts;
- viewing the arts or artists through a psychiatric lens;
- using the arts in psychiatric education;
- the benefits of the arts in treatment and community settings;
- the psychiatric treatment of artists;

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- psychiatrists who are artists;
 - using the arts for mental health advocacy.

If you or a colleague you know are interested, please contact David (david.sasso@gmail.com) with ideas for guests and potential members.

The Board will be inviting a potential grant writer to the next meeting to learn more about our organization and the work we do. In the meantime, if your committee is considering (or should be considering) outside funding for a present or future project, have the Committee Chair let Frances know the details right away as we will try to set some funding priorities before our next meeting.

Wishing all of you a good summer and looking forward to seeing you in the fall.



Jack Drescher, M.D., President

OPERATING COMMITTEE REPORTS:

Administration and Leadership

Present: Merlino, Saeed, Miller, Lucey, Petit

Guests: Silver, Moffic

The use of the survey as a tool to guide our work was reviewed. The problem, unanticipated, involving IRB approval for a survey as well as any journal who might publish such a survey.

In looking at the survey, the observation that “administration and leadership” were not defined in the survey. Results show a very seasoned group of administrators. Question 2 needs to be reformatted.

Commentary on questions in current survey:

1. Operational definitions for leadership and administration; should we time-limit when the individual was an administrator/leader or use a forked survey for those that were and those that currently are
2. Categorize age groupings for analysis
3. Download to excel and analyze
4. Gender is problem for other aspects of our lives; our Committee membership is all male; national data of APA membership by gender approximates our data (Am J of Psychiatry 2001).
5. 46% did not seek their position; 80% came from the same organization – does this highlight lack of administrative experience/training? Is this in breeding a positive, a negative? Are younger people going into admin due to financial factors?
6. What are your most pressing problems TODAY; define retention to make it clearer; each item needs definition; point was made that we can use the information we got from this survey as a “think piece” in terms of what we have learned from the data, what questions the data raise.
7. Identity questions; who is our customer; what are our values; could be a psychodynamic explanation; question opens the whole question of the identity and worth of the psychiatrist: therapy doesn’t work, meds don’t work, etc...Question needs work to eliminate the good/bad leading ideas.
8. Raises the question of the role of the educator: are they administrators, clinicians, both?
9. Gets to how others see the adm/clinician; even if the person sees himself as both, others may view her as administrator.
10. Aging group

The Committee will continue to review the Survey Monkey data to see if from his review there is anything additional to add; if so, to work that up; if not, which of the above would he also like to work on and contact person(s) involved.

Adolescence

Present: Dan Becker, Stu Copans, Lois Flaherty, Gordon Harper, Skip Onesti, Jean Wittenberg

Fellow: Stephanie Kwok

Guest: Barry Sarvet (also attended the Committee on Child Psychiatry)

Current Projects and Progress:

1. Being with the Patient: "The Nature of Clinical Evidence," Reconsidered – This manuscript has been reviewed twice by the Publications Board. During the meeting, the group considered the most recent feedback and developed a plan for further editing, with Gordon Harper taking the lead.
2. Teen Mothers project – Jean Wittenberg is taking the lead on this paper (as yet of undetermined length) which will be aimed at clinicians, medical educators, and policy makers. The group worked to clarify the scope and focus of the project, producing an updated outline.
3. A Responsible Approach to Pharmacotherapy in Adolescents – Based in part on the presentation from, and our discussion with, Robert Whitaker, the group considered refocusing what had previously been construed as a "Children in State Custody" project. This project remains in a very early stage, and Stu Copans is taking the lead on focusing the concept.

Between-Meeting Work:

We plan a conference call in late July or August, mainly to work on project #2.

Focus of Next Meeting:

The next meeting will focus significantly on project #2 – and, at that time, we will make a decision about the length and scope of the written product. Also, we will discuss a specific direction for project #3.

Aging

Present: Faison, Kyomen, Liptzin, Roca, Rohrbaugh, Sakauye, Streim

Fellow: David Hsu

Guest: Jeffrey Lyness

The Committee reviewed articles on health care reform based on presentation at 2012 AAGP Annual Meeting for possible publication in *Psychiatric Services*.

The role of the psychiatrist under health care reform:

1. Topic chosen
2. Anticipated date of completion: 12-24 months
3. Anticipated audience: (mental health providers, psychiatrists specifically, general public, etc.)
4. The Committee would like the manuscript to be published, *Psychiatric Services* or the *American Journal of Psychiatry*

Focus of work accomplished during the Meeting: Extensive discussion of models of collaboration with PCPs. Plan for a Plenary session at 2013 AAGP and possibly APA meetings.

Plans for between meeting work: Will follow up with Howard Goldman at Psych Services and develop submission for Annual Meetings noted above.

Focus for next GAP meeting: Continued discussion of models of collaboration and ways to implement them.

Any ways in which GAP members can be helpful: May consult with other GAP members (e.g. David Oslin) who have experience in this area.

College Student

Members: John Miner, Malkah Notman, Varda Backus, Lorraine Siggins

Guests: Howard Blue (2nd visit), Simon Lejeune (1st visit)

Title and/or general subject of report:

Project 1: Crisis Guide Handbook for Residential Life Staff

This project was discussed and we discussed the need and the format of a handbook that would be useful. The consensus was that a sampling of case scenarios would be most appealing. Several members brought samples of information pamphlets that are used on their campuses. In the absence of Peter Reich, who had conceived of this project, we will be developing it more at the Fall 2012 meeting. This remains under discussion.

Project 2: Confidentiality in Flux

This topic has become an increasingly important one for mental health clinicians working in a college setting where there are a variety of disciplines (health care providers, health educators, deans, academic advisors, faculty, residential life staff, etc.) working with students and having a variety of conversations with them. This project is focusing on educating the various disciplines about the legal and ethical issues of treatment confidentiality and to also help facilitate the appropriate and necessary sharing of information in emergency situations and/or when sufficient concern that a student might be at risk of harming themselves or others. Various committee members will be researching aspects of this, due to its complexity. This remains under discussion and will be developed more at the Fall 2012.

Project 3: Previous paper prepared by the Committee

‘Challenges of Mental Health Crises in College Settings’

This paper was accepted for publication by the *Harvard Health Policy Review*. Vic Schwartz and Kristine Girard made some minor updates to the article and we added an ‘author list’, which highlighted how this was a product of GAP. This was all run by David Adler to make sure it was consistent with other GAP author lists.

Anticipated date of completion: unknown for Project 1 & 2

Anticipated audience: College mental health providers and other college staff

Focus of work accomplished during the Meeting: We did some refinement of Project #1 and there was a fair amount of enthusiasm for Project #2.

Plans for between meeting work: Various committee members will be researching and thinking about these projects.

Focus for next GAP meeting: Move Projects 1 & 2 closer to an outline and/or a rough draft.

Cultural

Present: Lu, Weiss, D Hinton, L Hinton, Hansen, Lewis-Fernandez

Fellow: Naudia Pickens

The Committee is working on two fast track articles:

1. Paper on strategies and challenges for teaching cultural psychiatry to adult psychiatry residents to be complete by April 2012
2. Paper on development and testing of race ethnicity and culture factors in psychiatric research to be complete by April 2012

The Committee is interested in collaborating with other GAP Committees.

Disasters and the World

The Committee welcomed Dr. Kathleen Clegg of Case Western Reserve School of Medicine as a standing member. After being reviewed in the *American Journal of Psychiatry* and *British Journal of Psychiatry*, *Disaster Psychiatry: Readiness, Evaluation and Treatment* is being condensed into an introductory online training in disaster psychiatry with APPI. Drs. David Beckett, Frank Dowling, and Ed Kantor are leading this effort and hope to complete it by July 1. Finally, the committee voted to rename itself the Committee on Disasters and the World and changed its mission accordingly in order to better capture the pre-event community and long-term aftermath of disasters.

Gender and Mental Health

Present: Nadelson, Robinson, Ochiogrosso

Guest: Elizabeth Fitelson, M.D., Director, Women's Mental Health Program, Columbia University

The Committee is working on a fast track article on "Misuse of Psychiatry: assigning diagnosis without evidence, twisting diagnosis, ignoring legitimate diagnosis".

The anticipated date of completion is November 2012 targeted to mental health providers and the general public. It will be submitted to *Journal of Nervous and Mental Health*.

Global

Present: Antony Fernandez, Rama Rao Gogineni, Jeff Goldberg, Milton Kramer, Ramotse Saunders, Jacob Sperber, Raghu Rao

Guests: Hesham Hamoda, Rashi Aggarwal, Natalie Weder

Manuscripts in progress:

1. Project: Previous title: "the Role of Psychiatry in dealing with the Consequences of Human Trafficking" Dr. Agarwal reported that insufficient psychiatric literature exists to substantiate a literature review. The Committee pondered the problem that no member currently works with this population. Dr. Gogineni reported that he has contacts with groups treating patients with refugee issues, and that he will contact them with a proposal to write a clinical report, featuring exemplary cases, to illustrate the roles psychiatry plays in this global problem of refugee trauma. Dr. Saunders will coauthor the first draft. Feasibility report at fall meeting.
2. Survey: "all-in or all-out" and other challenges to IMGs seeking US residency training. Old and new obstacles create increased discrimination against immigrant physicians and the underserved patients who depend on them for care. For example, the recent policy change of the National Residency Matching Program of the AAMC, which forces residencies to be "all in or all out" of the annual allopathic residency match, beginning with the match in March 2013. . This survey of psychiatry program directors will focus on their perception of obstacles to hiring IMG physicians for residency programs, the impact of various visa statuses and NRMP policies on recruitment of applicants, and recent changes in applicant pools. Programs will be characterized by type of hospital, per cent IMGs, from what regions. Jacob Sperber and Nyapati Rao will draft a survey instrument draft by May 31, to be distributed to the Committee for comment by email, with final draft to be fielded in July, with results reported at the fall meeting. An article based on the findings will be written by end of 2012 and submitted to the Editorial Committee by January 1, 2012. *Academic Medicine, Academic Psychiatry*.
3. Project to examine the outcome of the change in the ABPN exam. *CSV: how is it going?* To add data to the existing draft of *No resident left behind*, by surveying anonymously residents about their experiences with the CSV exams they have taken in residency: The essay criticizes the NRMP's elimination of Part 2, which included the live interview portion of the Board Exam. The new Board Exam is a single part, computerized cognitive exam. To sit for it, trainees must have pre-qualified during residency by passing 3 Clinical Skills Verification (CSV) live interview exams given by their local training program, without any meaningful monitoring by the ABPN. At the previous meeting, the Committee had endorsed Dr. Sperber's proposal to amplify the piece with a research proposal in which a committee of research reviewers would rate videotapes of CSV exams made by participating programs, with the scoring by research reviewers to be compared to the scoring done at the programs. Dr. Sperber has been unable to recruit any participating programs (other than his own) to participate in the project. He reported to the committee that he has received anecdotal reports of programs that are completing the required rating forms without really giving the exam, a kind of corruption predicted in the original draft of the article. The committee decided to amplify the original piece with a random, anonymous survey of current residents and recent grads about their experience of the CSV exam at their residencies. Dr. Sperber will explore routes of access to obtaining email access to the relevant population of psychiatry residents and draft the survey, for review by the committee. The draft survey instrument will be distributed to the committee before the next meeting, for comment, and then be submitted to IRB and fielded before the spring 2013 meeting, with the new draft of the essay sent to the Committee for review before that meeting. Potential journals: *Academic Medicine, Academic Psychiatry*
4. The Committee discussed a proposal by Dr. Agarwal and Dr. Rao to review the status of women in psychiatry, looking at whether discrimination and other challenges differ for IMG women psychiatrists, compared to USMG women psychiatrists. Dr. Weder will assist Dr. Agarwal with the first draft. Depending on the outcome of initial literature review,

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- Dr. Agarwal will prepare a survey proposal for approval by the N.J. Medical College IRB by August 1, 2012, and look for grant RFPs that might be applied for. The proposal will be presented to the Committee at the fall 2012 meeting. A draft with the survey results will be reviewed by the Committee at the spring 2013 meeting, with submission to the editorial committee within a month after that meeting. Potential journals: Academic Medicine, Academic Psychiatry
5. Dr. Goldberg will draft a report on a unique “second chance” program at NYCOM for IMG MDs who have failed, or fear failure, at credentialing for and admission to US residency programs. NYCOM has a program for these IMGs to attend osteopathic medical school, become US DOs, thus not only accessing an achievable credentialing path as DOs, but also accessing an additional employment market for DO-only residencies. Although costly and time-consuming, this program provides a pathway for return to career for immigrant doctors for whom professional life would otherwise be over. Draft to Committee for the Fall meeting. Potential journals: Academic Medicine, Academic Psychiatry.
 6. The Committee will create a curriculum for a workshop at the May 2013 APA Annual Meeting in San Francisco: Career Experiences of International Physicians Who Become US Psychiatrists: Creative Adaptations to Diverse Challenges and Opportunities. Antony Fernandez and Nyapati Rao, and the entire committee. Submission deadline for APA Annual Meeting Workshops 2013.
 7. Exploration/needs assessment for the creation and ongoing management of an informational, interactive website for IMG applicants seeking to immigrate to the US for graduate medical education. Natalie Weder and Hesham Hamoda. Needs assessment to be reported at the fall meeting 2012.

History and Psychiatry

Present: Fidler, Weiss, Sasso

The committee will be reviewing History Videos.

Status: Topic under discussion: We are preparing five videos on the history of psychiatry: Ancient History, 1700s to 1800s, 19th Century, 20th Century First Half, 20th Century Second Half.

Topic chosen: “History of Psychiatry: 19th Century” video and “History of Psychiatry: Ancient History” video

First draft in preparation: “History of Psychiatry: Ancient History” video has first script draft completed.

Final draft mostly completed “History of Psychiatry: 19th Century” video is almost completed as a video, only lacking minor edits and the adding of the musical soundtrack. It runs 25 minutes but will be extended to about 28 minutes with the addition of a section on “Phrenology.”

The anticipated date of completion: “History of Psychiatry: 19th Century” video should be completed June 2012. “History of Psychiatry: Ancient History” video should be completed as a video in rough draft by November 2012.

Anticipated audience: Psychiatry Residency Programs and Medical Schools

We are planning to distribute the DVDs, hopefully under the auspices of GAP, to all psychiatry residency programs.

We need the Publications Board to review our written scripts as well as our almost completed DVD “History of Psychiatry: 19th Century.”

We made editorial changes to the narration and decided to include a section on “Phrenology” for the “History of Psychiatry: 19th Century” video.

We shall complete the changes for narration for the “History of Psychiatry: 19th Century” video and add the music soundtrack and the section on “Phrenology.”

Focus for next GAP meeting: We shall review the “History of Psychiatry: 19th Century” DVD and the “History of Psychiatry: Ancient History” script.

Any ways in which GAP members can be helpful: Many members have already recorded interviews for the videos on the 20th Century.

Human Sexuality

Present: Haase, Friedman, Downey, Goldberg, Bell

Fellow: Adam Graff

The committee is completing the first draft of a manuscript targeted to mental health providers in *Psychodynamic Psychiatry*. The Publications Board could review the completed manuscript. The focus between meetings will be: 1. Edited, "Towards a Definition of Hypesexuality in Children and Adolescents", 2. Discussed introductory section of revised report on sexuality in bipolar out-patients, 3. Discussed "Is it Love or is it Mania?" article for submission to a lay magazine for bipolar individuals.

LGBT

Present: Schwartz, Drescher, Barber, Pula, Rosario, Mattson, Herbert, Ashley, McDowell

Fellow: Lorraine Lothringer

The Committee is working on a intermediate length manuscript.

Issues it will address:

1. Updating GAP LGBT curriculum for residency training in subsequent drafts to be completed by 2013 to be submitted to the *JGLMH* targeted to mental health providers
2. Clinical study of risk of suicide from androgen treatment of female to mail transgender individuals with the topic chosen to be completed by November 2012 targeted to mental health providers. The Publications Board could review the survey for administration to TG clinics and endocrinologists.
3. Review of literature on androgen treatment (psychiatric impact) of female to male transgender individuals to be completed November 2012, to be internet hosted by AGLP website. The Publications Board could review the survey for administration to residency directors and residents.
4. Review of literature on anti-LGBT microaggression

Between meetings the Committee will:

1. Rewrite/edit/update the curriculum module
2. Read literature and write subsections of reviews
3. Administer surveys

The focus for the next GAP Meeting, the Committee will assemble papers, group edit and brainstorm on publicity.

Mental Health Services

The MHS Committee examines the systems of care provided by mental health services organizations. Our committee published an article in 2006 using APA data to demonstrate that early- and mid-career psychiatrists now spend more time in publicly-funded organizational settings than in private practice. Our work since then has focused on the implications of that data regarding the education of psychiatric residents. The report of that work, "A Four Factor Model of Systems-Based Practices in Psychiatry" was accepted for publication in *Academic Psychiatry* earlier this year.

Our current work is focusing on a number of topics, all of which are in preliminary stages of development. The first concerns developing resources for psychiatrists to advocate for themselves in creating or enhancing their job descriptions. The second is related to attention to physical health issues in psychiatric practice. Levels of primary care competence would be described along with profiles of clients who may be most appropriate for each of those levels. A related issue is the development of guidelines for primary care providers treating mental health issues, which might be developed in collaboration with the AACP.

The third is a response to current controversies over diagnosis and medication management, laying out some common sense

principles that ought to guide assessment and clinical decision making. The fourth is again related to this controversy, and will look at cost consciousness in the clinical decision making process, making the case for public health awareness and valuation, and recognition that current practices are not sustainable in the long run, regardless of the fate of the ACA.

Neuropsychiatry

Present: Barbara Schildkrout

Guests: Sheldon Benjamin, M.D., Professor of Psychiatry and Neurology, Vice Chair for Education, Department of Psychiatry, University of Massachusetts Medical School and Margo Lauterbach, M.D., practicing neuropsychiatrist, Sheppard Pratt, Towson, MD

Title: Obstacles to Integrating Current Neuropsychiatric Understanding into the Clinical Practice of Psychiatry

Status: First draft in preparation

Anticipated audience: psychiatrists in general, training directors, medical educators to be submitted to the medical education journals.

The Committee is discussing fundamental focus of manuscript and dividing the work. We then each produced a first draft of one section of the paper. We read them all and discussed them. The Committee will meet on May 4, 2012 in Philadelphia at the APA Meeting. The Committee will continue work on manuscript. Possibly inviting consultants/potential new committee members.

Planning, Marketing and Communications Committee

Present: Powsner, Sharfstein, Gibson, Krasner, Bonner, Looney, Ruben, Fink

Guest: Jack Drescher

The meeting was a very good one. We spent our time, I thought, cheerfully.

We first got a report from Josh Gibson on the Catchafire Project. He reported that he is working with Dana on the story issue. He will ask for stories at a plenary and hopefully get enough stories to fill her needs. The goal is to describe the message of GAP. The audiences include residents, training directors, journalists, the general public, donors for funding and policy makers. We then talked about the logo. He showed us a number of logos. There had been at the board meeting and other places, a general consensus about the logo that would best work for us (attached below). So we are asking the board for approval for a change of logo to the one included in these minutes. We will continue to work with Catchafire on a number of projects including a vision statement, branding, communication plan and how to deal with the social media.

We were asked to consider something that came up at the board. That is how we might include non physicians in the membership categories of GAP. There was not much enthusiasm for the concept among those present. We ended by thinking that this is going to be a dialogue for a period of time and no firm decisions will be made. Distinguished Ph. Ds from sociology, psychology and other specialties will have to be considered. It was suggested that we could make a category of honoree membership which we already have. Committees with a single project might call on someone to be a member for a specific period of time, but we also noted that committees change projects in midstream. This concept was raised at the board meeting by disaster and terrorism and by work and organization. The board will have to consider it and we will continue to consider it as well.

There was a discussion as to how to honor members of GAP who had done something special who have been distinguished. Someone then said everybody in GAP is distinguished. The question of longevity that is having attended 50 meetings which would mean 25 years might be a methodology for honoring someone. We were unclear about what to do. We thought about the idea of developing a presidential award and having the president give zero to one or no more than two awards at a meeting. Suggestions for such awardees might be made by an ad hoc committee of life members.

We then discussed how to attract more people to apply for the fellowship. Our fellowship is good one and unique in the fact that the residents actually do work. They can get credit for a publication and they come to four meetings. We decided to invite Mary Barber to our afternoon session. She came and was very helpful with regard to the fellows. There was a suggestion that the officers and chairs of selected committees meet with the residents once in their two years at their

Thursday night dinner. Everyone seemed to think that was a good idea and it would bring us closer together. The fellows all sit together at their meals and at the president's reception they cluster. So we have to make an effort that is we the members of the board, our committee and other committees to interact with them. We asked Mary to ask the fellows if there was a specific member in GAP that they would like to meet, someone's book they enjoyed, et cetera. It was further suggested that the fellows write a column in the circular letter which everyone seemed to feel it was a good idea. Then there was a question of whether we should assign specific mentors, not members of the fellowship committee, to actively involve themselves with fellows. Aaron Krasner is going to AADPRDPT and talk to the leaders about GAP. This has to be further discussed.

Preventive

Members Attending: Michael T. Compton, M.D., M.P.H. (Chair), Carol Koplan, M.D., Frederick Langheim, M.D., Ph.D., Rebecca A. Powers, M.D., M.P.H., Ruth Shim, M.D., M.P.H.

Fellow Attending: Marc Manseau, M.D., M.P.H.

Title of Manuscript: Health Care Reform and Integrated Care: A Golden Opportunity for Preventive Psychiatry

We received a revise/resubmit request from Psychiatric Services. We revised this manuscript during our committee meeting. It was then approved by Dr. Adler for resubmission, and the revised manuscript was resubmitted for further consideration by Psychiatric Services.

Final draft mostly completed (almost ready to submit to above process)

Focus of work accomplished during the Meeting: The committee revised the above-described manuscript for resubmission to Psychiatric Services. We also prepared for an upcoming Symposium that we will present at APA-Philadelphia, entitled A Primer on Prevention in Psychiatry, as well as a Symposium that we will present at IPS-New York in October on The Social Determinants of Mental Health.

Plans for between meeting work: Dr. Compton and Dr. Shim are pursuing a book contract for an edited book on The Social Determinants of Mental Health. If we are able to secure a book contract, the GAP Prevention Committee will write the first chapter of that book.

Focus for next GAP meeting: (1) Write book chapter if Dr. Compton and Dr. Shim are able to secure a book contract, as described above. (2) Brainstorm on next topics and projects.

Professionalism

Members Attending: Karen Gennaro, Sheila Hafter Gray, Robert Nesheim, Kevin O'Connor, Jon A van Loon

The Committee deliberations are not yet at the point that a report is appropriate. The topic under discussion is "Maintaining professional identity in the contemporary health care environment." Step One: How do we define professionalism today? What are the social trends that support or inhibit the development of a profession?

The Committee will target the publication at psychiatrists. The Committee is opposed are opposed to the term "provider" when one is referring to a clinician.

No publication site has been discussed. Between meetings, the Committee will be honing the definition of professionalism in light of changes in the health care system.

The Committee will be searching legal data bases for view of courts of appeal on practice guidelines v. standards of care as an example of social attitudes toward professions. Exchange comments and drafts in an email group. At the next meeting there will be a continued discussion of a definition, construction of survey to see whether consensus can be achieved on a definition.

We are always open to suggestions and references. We may request assistance to bring a legal scholar to one meeting.

Psychiatry and the Arts

The newly-forming Committee on Psychiatry and the Arts is seeking new members. We will be brainstorming over the next several meetings to narrow our focus. Potential topics of interest may include:

- the depiction of our profession in the arts,
- viewing the arts or artists through a psychiatric lens,
- using the arts in psychiatric education,
- the benefits of the arts in treatment and community settings,
- the psychiatric treatment of artists,
- psychiatrists who themselves are artists,
- and using the arts for mental health advocacy.

Psychiatrists with interests in any form or aspect of the arts would be appropriate. Please contact David Sasso (david.sasso@gmail.com) with ideas for guests/potential members.

Psychiatry and Community

Attending: Ken Minkoff, Mark Munetz, Richard Lamb, Stephanie LeMelle, William Nunley (by phone), Fred Osher
Guest: Judge Steven Leifman, from Miami-Dade County, attended to share judicial expertise on the overrepresentation of persons with mental illnesses in the criminal justice system.

The Committee continues work on a monograph, "The Overrepresentation of Persons with Mental Illness in the Criminal Justice System: What Can a Psychiatrist Do?" We are distilling lessons learned from almost 3000 responses to a Dear Abby request on the topic.

The monograph will be targeted to young career psychiatrists

Dr. Margaret Balfour will be invited as a guest to the next meeting.

Psychiatry and Law

Present: Ash, Resnick, Hatters-Friedman, Newman
Fellow: Jacob Apel
Guests: Sandy Simpson, M.D. and Alec Buchanan, M.D.

The Committee is working on a book "Legal Cases that Changed Mental Health Treatment." The concept is to discuss legal cases that had high impact on how mental health treatment is practiced, presented in story form.

The emphasis is on the impact of the case on mental health practice generally, not forensic psychiatry. The manuscript will be targeted to mental health providers, November 2013. It will be submitted to Oxford an APPI for publication.

Psychiatry and Religion

Present: Snyder, Viswanathan, Lurie, Hamblin
Fellow: Mia Everett

The Committee is working on a manuscript to be targeted to clergy and pastoral counselors to be submitted to religion journals for publication.

Psychopathology

Members Attending: Drs. Adler, Goldman, Hackman, Koh, Nossel, Oslin, Siris
Fellow Attending: Jonathan Avery
Guests: Michael First, approved for membership at this meeting.

The Committee is working on three fast track articles:

Psychiatrists Survey on Patients' Work Performance
Psychiatrists Survey on Stigma with SMI patients
Clinicians Attitudes and Usage of the DSM
Drafts are in preparation for all three projects.

Status: 3: Drafts in preparation for all 3 projects with the anticipated date of completion: 2013. The target audience will be mental health providers. The Committee does not have a publisher selected and will submit to the Publications Board at the appropriate time.

The focus of work accomplished during the meeting was progress on all three surveys. Work Survey completed by 80 psychiatrists with one more attempt to increase response. Stigma Survey piloted with 20 GAP members and modified for full Survey Monkey. 100 responses to DSM usage survey reviewed and analyzed in preparation for full Survey Monkey. The Committee will continue work on all three surveys. Input from the membership on all 3 surveys has been critical and useful.

Psychopharmacology

Present: Goin, Sumner, Lacy, Gross, Baron

The Committee is working on a fast track article, "Black Box Warning" which is in press with the *JAOA*.

The Committee will begin looking at the books by Carlot, Whitaker, Kirsh and the impact on public perception.

The anticipated date for completion is Spring – Fall 2013.

Psychotherapy

Members Attending: William Sledge, Drew Clemens, Roger Marrison, Frank Yeomans, Jerry Kay, John Oldham, Lisa Mellman, Susan Lazar, Michael Myers, Eric Plakun

Fellow: Serina Deen

Guests: Beth Brodsky, Ph.D., Psychologist to help with behavioral approach to psychotherapy; Eve Caligor, guest for GAP membership.

The Committee is working on: (2) Intermediate length manuscripts:

1. Title and/or general subject of report:
Psychotherapy Borderline Personality when the Complaint is Suicide. 2 part article which is about 7/8 finished and addresses the issues of common factors in psychotherapy and its presence in psychotherapy borderline personality with suicide and the implications for treatment development, education and promulgation of psychotherapy.
2. Status: Final draft mostly completed (almost ready to submit to above process)
3. Anticipated date of completion: June 30, 2012
4. Anticipated audience: Mental health providers, general psychiatrists with some focus on some early career in resident education
5. Where would the Committee like the manuscript to be published:
Journal of Practice of Psychotherapy Psychiatry Journal of Mental and Nervous Diseases
6. Any ways in which the Publications Board might be helpful:
Helpful by reviewing the completed manuscripts
Focus of the work accomplished during the Meeting:
7. Focus of work during the meeting of March was to finish Part I and finish outlining the content of Part II.
8. Plans for between meeting work: Between meeting work will be to gather details for the generic statements for the case in Part I and to trim some of the content. For Part II, will be a refocusing to address the issue of common factors in Psychotherapy borderline and to focus more on the definition of the clinical heuristic idea
9. Focus for the next GAP meeting:
For the next GAP meeting the final version of Part II should be smoothed down.
10. Any ways in which GAP members can be helpful:
No anticipated other possible ways in which GAP can be helpful

Research

Members Attending: Douglas Kramer (Chair), Johan Verhulst, Alan Swann, Barbara Hale-Richlen, John Beahrs

Members Absent: Carlo Carandang, David Keith

Guests: (a) Walter J. Freeman, MD. Ittleson Consultant to Research Committee (1st visit). Professor of the Graduate School, Department of Molecular & Cell Biology, Division of Neurobiology, University of California at Berkeley. Major awards and honors include: (1) Bennett Award from the Society of Biological Psychiatry (1964); (2) Guggenheim Fellowship (1965); (3) NIMH Merit Award (1990); (4) Pioneer Award, Neural Networks Council (1992); (5) President, International Neural Networks Society (1994); and (6) Life Fellow, Institute of Electrical and Electronics Engineers (2001). Purpose of: Consultation with regard to current projects, and future direction of committee.
(b) Patrick T. Malone, MD. Co-author of, *The Art of Intimacy*. New York: Prentice Hall Press (1987); *The Windows of Experience: Moving Beyond Recovery to Wholeness*. New York: Simon & Schuster (1992). Purpose: Prospective member (1st visit).

The committee is working on fast track article:

(a) Verhulst J, Beahrs J, Hale-Richlen B, Kramer D, and Swann A. The medical alliance: from placebo response to alliance effect. Submitted to the *Journal of Nervous and Mental Disease*.

Abstract: The natural human response to illness is to seek to understand what is happening and to look for help from others. In all cultures one finds healers, who provide explanations and offer care. Their interventions often have a placebo effect through activation of natural healing processes in the patient. Though placebo effects are relatively large and robust, physicians generally consider placebo treatment pre-scientific and deceptive. We review the determinants of the placebo response and show how a particular professional alliance between patient and caregiver is apt to equally affect treatment outcome. We distinguish the alliance effect from the placebo effect. We develop a comprehensive model of the medical alliance, based upon the concept of concordance, and review its relevance for clinical practice and medical education. The alliance effect represents a professional and ethical way of activating the patient's natural healing mechanisms.

(b) The Placebo Effect. Lead author (Alan Swann).

Answers to questions 5-10 refer to our project (b), "placebo effect." Title and/or general subject of report: (b) The Placebo Effect. Lead author (Alan Swann). (Historical context of placebo effect; properties of the placebo effect; mechanisms, i.e., adaptive, neurobiological; how to harness the placebo effect.)

Status: First draft in preparation.

Anticipated date of completion: April 2013

Anticipated audience: (child, adolescent, and adult psychiatrists; primary care physicians)

Where would the Committee like the manuscript to be published. (Unknown at this time):

Any ways in which Publications Board might be helpful: None at this time.

Focus of work accomplished during the Meeting: In fact, our entire meeting was devoted to reviewing the research of our Ittleson Consultant, Walter J. Freeman, III, MD. His research has direct relevance to both of our current projects, the "medical alliance," and the "placebo effect." Findings from Dr. Freeman's lab are consistent with three hypotheses: 1) every new meaningful experience alters the representation of all others; 2) information exists globally in the mind-brain; and 3) there are no fixed stores or representations of experience. Thus, experience produces an observable change in perception that is actively constructed by the mind-brain as a whole. There are no fixed or unchanging memory traces as hypothesized in other models of learning. The brain is not analogous to a computer hard drive in terms of learning or memory. These findings are not consistent with a Cartesian dualism that separates mind from body.

In addition, the Research Committee and the newly constituted Neuroscience Committee held a joint meeting with Dr. Freeman on Saturday morning with an open agenda. One item discussed was how to incorporate neuroscience into psychiatry training programs. Dr. Freeman suggested a model similar to what is done in neurosurgery – add a research year in neuroscience.

With some thought around the Plenary topic and related discussion, the implications of which are a psychiatry that

ends in a tunnel from which there is no escape, we hypothesize that Dr. Freeman's findings and the implications thereof may provide directions for psychiatry that are primarily non-pharmacological, although not exclusively non-pharmacological, and are based primarily in experience leading to change, possibly psychotherapeutic experience, but also psychiatrically-directed therapeutic experiences, i.e., a non-reductionistic approach to the mind-brain-body entity that is the patient and also the physician.

Plans for between meeting work: Continued discussion via email and possibly a conference call. Continued work on the outline for the "placebo effect" project, with a possible first draft being written prior to the November 2012 meeting. Identify and consider inviting additional prospective members consistent with current and future projects.

Focus for next GAP meeting: (a) update regarding status of, "The medical alliance: from placebo response to alliance effect" manuscript. (b) continued work on the "placebo effect" project; (c) broad review of Dr. Freeman's presentation and how that might be incorporated into current and future Research Committee projects; (d) possible formal or informal follow-up interaction with Neuroscience Committee.

Second visit for prospective member, Dr. Malone. First visit for prospective member, Dr. Ruxandra Carp.

Any ways in which GAP members can be helpful: (e.g., suggesting guests, recent references on the topic, etc.) Discussion occurred outside of research Committee deliberations regarding at least two possible follow-up projects with Dr. Freeman, including (a) the History Committee communicated via an intermediary to this Chair an interest in interviewing Dr. Freeman, possibly with video-recording, regarding the career of Dr. Freeman's father, both as a leader of American psychiatry, one of the founding members of ABPN, and the Society for Biological Psychiatry, etc., as well as a controversial figure in the history of American psychiatry; (b) consideration of Dr. Freeman being invited to give a Plenary address on his research and its implications for psychiatry and psychotherapy; and, (c) combining one or both (a, b) with a 2nd visit as an Ittleson Consultant.

Work & Organizations

Members Attending: Doctors Gibson (past chair), Greiff, Larsen (interim chair), Long and Morrison.

Guests: Dr. Sandra Cohen, Dr. Teo Dagi

The Committee met informally on Thursday evening to discuss the presentation by Dr. Greiff with support from Dr. Post at the Board meeting for the proposition for amending the GAP bylaws to include non-physicians as members. There was also some discussion of the CAREERS project. On Friday there was further discussion of the CAREERS project with attention given to the feedback from the Publications Committee. Dr. Looney came by the Committee to discuss the potential of an endowment that would support the Committee having a fellow on a regular basis. In the afternoon the author Robert Whitaker, the non-profit administrator Virgil Stucker and an interested party Patricia Stern discussed the unintended consequences of long-term psychiatric treatment with the Committee. Throughout the day Committee members became acquainted with Doctors Cohen and Dagi. Saturday morning involved additional attention to the CAREERS project with Dr. Gibson being present. Attention was given to promoting the project once published and available to the public. There was support for the Committee's next project involving retirement years or Encore as suggested by Dr. Long who will assume Committee chairmanship with the start of those efforts. Doctors Cohen and Dagi are expected to return for the Fall meetings. Dr. Kerry Sulkowicz will also be a guest.

ADMINISTRATIVE COMMITTEES:

GAP Fellowship Committee

We are nearing the end of our current fellows' two year term. The current group has been very busy putting together their plenary for the upcoming meeting, "Bullying across the Lifespan." As is typical for fellowship presentations, this one promises to be an interesting and timely talk on an issue at the intersection between psychiatry, social issues, and the news. This is what GAP does – it is in our DNA, as they say – and the fellows are embodying that mission.

I'm also proud to report that the April issue of the American Journal of Psychiatry Residents' Journal contains three articles by GAP fellows:

Please congratulate Michael Ascher (Family Committee), Jonathan Avery (Psychopathology Committee), and David Hsu (Aging Committee) on their publications. If any other committee or fellow is aware of publications by fellows, please send them to me and I'll post them in the next circular letter.

The completion of one fellowship class term means that we need to select new fellows. Hopefully all of you have been talking up the GAP fellowship at your programs and with trainees with whom you come into contact. I'll be asking committee chairs about whether they are willing and ready to accept a fellow at the upcoming meeting. If you can write a pithy paragraph about what your committee does and what you would offer a fellow, that will help accepted fellows even more in making an informed choice.

Many thanks go out to my Fellowship Committee colleagues: Alison Heru, Aaron Krasner, Jules Ranz, Nyapati Rao, and Peter Tanguay. We are working to make the fellowship experience ever stronger and more meaningful for the fellows, and for the committees mentoring them. Thanks go out as well to Larry Gross, for handing off the Committee in such excellent condition and making the transition easy for me.

Plenary Program Committee

Members attending: Doug Kramer, Stuart Copans, Larry Gross

Tentative Schedule of upcoming Plenary Presentations

2012: November - Presentation by Fellows

2013: April - Presentation by Family Committee - Bill Beardslee -Prevention of Depression in the offspring of Depressed Mothers

November - Art Committee"Boogieban" a play about Psychiatry and War by Don Fiddler

2014: April - Community Committee - Fred Osher - Presentation on Psychiatry and Prisons

November - Presentation by Fellows

2015: April - ? Richard Kogan - performs and discusses (Mozart? Rachmaninoff?)

November -

Posters: There appears to be a general reluctance among committees to take responsibility for presenting a poster session. It is my understanding that the original purpose of the poster sessions was to give each committee a chance to share what it was working on with the other members of GAP. One alternative might be to have a rotation with two committees each meeting expected to share what they are working on with other members of GAP. If they wished to create posters they could, but it would be neither required nor a focus of the activity. They might be given special badges they could wear during the meeting saying "ASK ME WHAT MY COMMITTEE IS WORKING ON" and each committee could be asked to congregate at one end of the hallway during the juice bar. While there might still be some resistance, not asking them to do the work of creating a poster might lessen the resistance. The fellows could be given the option of creating a poster for display during the meeting at which they present their report.

Evening movies: The consensus seems to be that it is too hard to fit this into the schedule.

Between meeting work:

A. Clarify whether the fellows are interested in the opportunity to present a poster in connection with their plenary presentation.

B. If the fellows are not interested, get feedback from the executive committee on changing the "poster sessions" to sessions for committees to share what they are working on (as outlined above).

C. If the executive committee approves the change, identify two committees interested in sharing what they are working on, then create a rotation so each GAP committee will share at least once over a period of time to be determined.

PUBLICATIONS BOARD MINUTES

Present: Drs. Adler, Copans, Koh, Lacy, Merlino, Nadelson, Robinson, Pradhan, Wrzosek, Notman, Drescher and Scheiber

1. Update on former Reports:

- a. Our departing GAP Fellows Plenary Session was approved for submission as a paper to Academic Psychiatry and had a positive response at the Poster Session for the May 2011 APA meetings.
- b. The Psychopathology Committee's Manuscript: "Our Job and Their Jobs" was approved for submission and accepted for publication by the Journal of Nervous and Mental Disease for its May 2012 edition.
- c. The LGBT Committee's manuscript "Advocating for Marriage and LGBT Mental Health" was approved for submission and accepted for publication by the Journal of Gay and Lesbian Mental Health.
- d. The LGBT Committee's manuscript: "The GAP Online LGBT Mental Health Curriculum" appeared in the recent issue of the Journal of Gay and Lesbian Mental Health.
- e. The College Committee's manuscript: "Mental Health Crisis in College Settings" appeared in the recent issue of Harvard Health and Policy Review.
- f. The Committee on Work and Industry submitted an intermediate length manuscript: "Careers" was reviewed and given extensive feedback.

2. No Op Ed pieces were reviewed since our last meeting.

3. The Board had a lengthy discussion with Jack Drescher of the implications of the new technologies testing the Board's expertise and how to proceed.

- a. Surveys: A number of GAP committee's are beginning to use internet survey's as part of their work. David Adler will chair a subcommittee that will review all potential surveys prior to their being implemented by GAP. All survey's whose results will be submitted for publication whether they involve collecting protected health information or not will need approval from at least one IRB of a committee member's institution. Members will have to check with their home institutions as to whether authorship requires a separate IRB approval from that approved by any one IRB and GAP.
- b. Steve Scheiber as heading up our web site subcommittee will recruit interested and knowledgeable GAP members in video, graphics etc. Josh Gibson has already volunteered.



DATES OF FUTURE GAP MEETINGS

	2012 November 15-17	2013 April 4-6 November 14-16	
2014 April 10-12 November 13-15	2015 April 16-18 November 12-14	2016 April 14-16 November 10-12	
2017 April 6-8 November 9-11	2018 April 12-14 November 8-10	2019 April 11-13 November 7-9	



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