

CIRCULAR LETTER #604

Post-Meeting Fall

MESSAGE FROM THE PRESIDENT

DECEMBER 2007

GAP's Impact Factor

Fall was unusually warm in the Northeast, and we were treated to a beautiful display of fall colors instead of the usual November grays as we walked back and forth from our rooms to meetings and meals. The meeting was marked by a high level of enthusiasm and activity -- we had 14 first time guests, and 13 second time guests were voted in as members. At our plenary, Howard Goldman, a former GAP fellow and member, gave a stirring (and very Goldmanesque) talk on the importance of the imprimatur in advocacy. A publication in a prestigious journal, a point of view endorsed by a public interest group, a report produced by GAP--essentially an expert consensus opinion-- all carry an imprimatur that increases their impact. Howard traced the history of efforts at health care reform beginning with the first Clinton administration, and using a paper written by his committee (the Committee on Psychopathology)³ as an example of how the argument that mental health reimbursement should be based on services, rather than on categories of mental disorders was advanced. Hearing Howard's presentation made me realize how one has to think of the long term when one considers impact -- the debate on health care reform continues, and the often-cited GAP article will continue to be relevant. I encountered another example of GAP's relevance recently, when, while reading a book edited by another former GAP member, Lee Combrinck-Graham¹, I came across a mention of the GAP Report # 106, Divorce, Child Custody and the Family², as being the impetus behind the widespread adoption of joint custody for children of divorcing parents. Perhaps GAP's impact has been much greater than many of us realize.



While it is gratifying to look back at the impact GAP has had, we cannot stop. There is still so much to do. I am confident that the many gifted people who are our members will lead the way. At this meeting, the Task Force on Neuroscience had its second meeting, attended by current members of other committees who arrived a day early to meet and plan for a new committee that will explore the clinical implications of the dramatic advances of new knowledge about the brain.

Although all the bills are not yet in, it appears that we are on much better financial footing now that we have decreased expenses. As you are no doubt aware, members are now paying the full cost of their rooms (albeit at a very competitive rate, especially for a hotel in the New York vicinity). I think we are doing extraordinarily well for a relatively small organization that does not receive appreciable outside funding. This is a reflection of the dedication and commitment of all of our members, something of which we should all be very proud.

Daniel McCarthy, whom I invited as a special Presidential Guest, gave a brief and informative presentation on the importance of charitable giving as part of financial planning and outlined the charitable remainder trust possibilities. One does not have to be especially wealthy to benefit from this vehicle. It allows you to direct money that would have gone for estate taxes to your choice of qualified entities, of which GAP is one. You get income from whatever funds you put into the trust, and on your death the principle goes to the charity. And you get a tax deduction at the time you set up the trust. You can use cash or appreciated securities to fund the trust. If done properly (a task for a professional) you can end up saving a lot in taxes both immediately in the long term, enough to make up for the amount you give away. The other really gratifying aspect is the ability to have a beneficial impact

beyond your life. We should all think about the importance of GAP in our own lives -- something to which our membership and committee work attests--as well as GAP's impact on society, something I will discuss. Obviously the decision is not one made quickly or without a lot of thought So please think about it. And don't forget about coupon donations in the meantime, which don't require so much thought. They really do help.

Another special guest at this meeting was Michael Skoien from Shire Pharmaceuticals who expressed gratitude for having been invited and awe at the high level of discussions he sat in on. At my committee (Adolescence) we began talking about adolescents' common reluctance about taking prescribed psychotropic medication. This led to a wider ranging discussion of adherence to prescribed treatment, which includes adherence to prescription medications. Non-adherence is a bottom line issue for drug companies, and for us and our patients a factor in treatment outcome. Beyond our immediate concerns non-adherence to medical treatment is a national and global problem, significant enough to be labeled a crisis by the World Health Organization⁵. A review article in the *New England Journal* termed it grossly understudied and underappreciated⁴. The average rate of nonadherence is 50% world-wide, including in developed countries such as the US. Non-adherence is a serious public health issue, contributing to morbidity and mortality and having important economic impact in terms of increased health care and other social costs. Adherence rates for psychiatric disorders are not significantly different from those for other long-term illnesses, such as asthma and diabetes. It occurred to me that there is an opportunity for GAP to collaborate with our colleagues in the pharmaceutical industry in examining this problem and its solutions.

Lastly, we have made some changes to the GAP website and the logo. If you visit the website (www.ourgap.org) you will see listed all the GAP publications listed. Many of the recent ones are available on line, including an excellent slide show on prevention produced by the Committee on Prevention. This slide show is in the form of a Powerpoint® presentation and can be downloaded for use in presentations. Another advancement in psychiatry.

Reference List

1. Combrinck-Graham L: Children Family Contexts: Perspectives on Treatment. New York, Guilford, 2006
2. Divorce, Child Custody and the Family, GAP Report 106, formulated by the Committee on the Family, 1980.
3. Goldman HH, Adler DA, Berlant J, Docherty J, Dorwart R, Ellison JM, Pajer K, Siris S, Kapur S: The Case for a Services-Based Approach to Payment for Mental Illness Under National Health Care Reform. *Hosp Community Psychiatry* 1993; 44(6):542-544
4. Osterberg L, Blaschke T: Adherence to medication. *N Engl J Med* 2005; 353(5):487-497
5. World Health Organization. Adherence to Long-Term Therapies: Evidence for Action. 2003.

Lois T. Flaherty, M.D.



President

ADMINISTRATIVE COMMITTEE REPORTS:

GAP FELLOWSHIP COMMITTEE:

Present: Doctors Gross, Gardner, Heru, Finkenbine, Rao

The Committee discussed the Selection Committee structure and the terms of service. The Committee is working to set limits and staggering terms of the rotations for the Selection Committee.

The number of Fellows in this current class and the number of Fellows that is optimal for the association was discussed.

The Committee will be discussing and proposing to the Board of Directors a Bylaws amendment to include committee guidelines and policies and procedures for the Selection Committee.

GAP PUBLICATIONS BOARD MEETING:

Present: Drs. Adler, Aldrich, Baron, Copans, Merlino, Nadelson, Nash, Notman, Robinson, Scheiber

1. Update on Reports
 - a. The Committee on Disasters and Terrorism manuscript “Psychiatry and Terrorism” will be reworked to be submitted as a Psychiatric Services GAP series article.
 - b. The Committee on Adolescence is developing a clinical case study entitled: “When a Diagnosis can be Dangerous: An irritable adolescent with failing grades”. It was reviewed by the Publications Board and feedback was given to the committee.
 - c. The Research committee manuscript “Atypical Antipsychotics, Neuroleptics and Clozapine: Implications of the CATIE and CUTLASS studies on Practice Guidelines for Schizophrenia” was accepted as a commentary by Psychiatric Services.
 - d. The Committee on Terrorism and Political Violence received feedback on its manuscript on Terrorism from the Publications Board which they intend to submit to the journal Psychiatry.
2. Web Site Update: The Planning and Marketing Committee received detailed feedback on the state of the website which will be changed including eliminating the internal restricted members only portion and focus on a user friendly design for the external world.
3. New Business: The Publications Board and the Board of Directors are pleased to announce an exciting venture proposed to us by Howard Goldman, Editor of Psychiatric Services. Psychiatric Services (PS) is offering GAP the opportunity to have an ongoing GAP series in PS. GAP committee’s would propose topics they are working on or manuscripts submitted to the Publications Board they believe would be of interest to the PS audience for the GAP series to the editor of this column who would review them with the editor of PS. The process would continue as currently exists: regular articles (up to 3000 words), brief reports (up to 2000 words) and commentaries such as the “Taking Issue”, “Best Practices” or “Open Forum” approved by the GAP Publications Board would be submitted to Psychiatric Services for their peer review process. The Chair of the GAP Publications Board serves as editor of the series coordinating between GAP and the PS Editorial Board reviewing the peer review feedback with the editor of PS in making a decision regarding acceptance, revision or rejection. While this does not guarantee publication it would mean that PS would publish them with the visibility of the GAP imprimatur. While our emphasis over the past more than ten years has been on becoming known again by the greater world as GAP, our periodic articles are not enough. An identified entity in a leading professional journal coupled with our venture into the web-based training manual world is the next steps. How often the series appears depends on the productivity of GAP.
4. Partnering with the AAMC MedEdPortal

There was no activity in the collaborative effort with the AAMC regarding GAP committee work on curricula development. Steve Scheiber, MD is the Associate Editor for this project. Steve will assign peer reviewers within GAP to review potential submissions to MedEd and within the Publications Board we shall provide MedEd with first level review. Within MedEd, GAP will have its own area where each of our curricula will be featured. Committee members will be able to site this work as a peer reviewed publications for their curriculum vitae.

OPERATING COMMITTEE REPORTS:

Aging:

Present: Cohen, Kennedy, Liptzin, Rohrbaugh, Sakauye, Schultz, Streim, G Cohen via phone

Fellow: Brett Rusch

The Committee is working on a fast track article on:

- A. Aging curriculum to be submitted to the MedEd Portal targeted to psychiatric educators and residents to be published in MedEd Portal
- B. Residency geriatric experiences targeted to psychiatric educators and residents to be published in *Academic Psychiatry* or *American Journal Geriatric Psychiatry*
- C. Dear Abby Letters targeted to the general public and policy makers to be published in *PsychServices*

All three topics are in first draft and will be completed in next six months.

Child:

Present: Stubbe, Daly, Kruesi, Pfeffer, Pine, Schowalter, Shapiro, McDermott, Tanguay, Walkup

Fellow: Hannah Stevens

The Committee is working on a fast track article “Beyond the Patient: Expanding the Public Health Impact of Child Psychiatry” to be completed March 2008, targeted at psychiatrists and policy makers and submitted for publication to *American Journal of Psychiatry*.

College Student:

Present: Girard, Reich, Backus, Schwartz, Notman, Siggins

Fellow: Michelle Goldsmith

Guests: Paul Barrera, John Miner, Stuart Hirsch

The Committee is working on two articles:

The Crisis in College Mental Health to be completed December 2007 targeted at mental health providers and submitted to *PsychServices*.

Challenges in Managing Mental Health Crises on College Campuses to be completed December 2007 targeted to university administrators, faculty and university based clinicians to be submitted to *Chronicle of Higher Education*.

Cultural:

Present: Alarcon, Desai, Lu, Becker, Oquendo, Foulks, Lewis-Fernandez

Fellow: Helena Hansen

Guests: Junius Gonzales, Robert Like

The Committee is working on a fast track article:

- A. “Qualitative Report on Best Practice and Barriers for Training Cultural Psychiatry to Adult Psychiatric Residents”
 - B. “Role of Race, Ethnicity and Culture Terms in Psychiatric Research”
- The first drafts for both of these topics are in preparation with the anticipated completion date of June 2008. This will be submitted to *PsychServices* and *American Journal of Psychiatry*.

The Committee will continue work on the writing of the draft and collecting/analyzing data for these projects.

Disabilities:

Present: Sack, Nesheim, Gale, VanLoon, Gulati

The Committee is working on three manuscripts and being submitted to various journals covering our survey project concerning disabled medical students. The Committee is on the second draft of an article for *American Family Physician*, concerning the physician’s response to disability.

Disasters and Terrorism:

Present: Aldrich, Stoddard, Merlino, Ng

Fellow: Erick Hung

Guests: Kristina Jones, Todd Holzman, Ed Kantor, Craig Katz

The Committee is working on a monograph “Hidden Impact: What You Need to Know for the Next Disaster A Practical Guide for the Clinician”.

Also, the Committee is working on “Psychiatry and Terrorism: Recommendations” being reviewed by *PsychServices*. The audience is primary care clinicians.

Gender and Mental Health Issues:

Present: Robinson

Guest: Mallay Ochiogrosso

The Committee is working on a fast track article “Is There an Abortion Trauma Syndrome? Critiquing the Evidence”.

The Committee is working on the topic of new reproductive technologies, women in leadership, mental health consequences of abuse. The Committee is working on an editorial on flawed research and misuse of this.

The anticipated date of completion is April 2008 and targeted to mental health providers to be submitted to *PsychServices*.

The Committee will continue to work on the revisions of the abortion paper as per reviewers comments from *Harvard Review*.

IMG Committee:

Present: Rao, Sperber, Dewan, Goldberg, Myers

Guests: Ann Sacks, Ramotse Saunders, Rao Gogineni, Rigaud, Whelan, Debbie Hales

The Committee is working on an intermediate length report:

Project I: Interviewing Skills: How to Teach and Evaluate These Skills in IMG's

Project II: Incidence of Suicide and Disciplinary Actions in IMG's

Project III: Study of Pre-Residency Observership Programs for IMG's

Project I is in progress and Project II and III's topics have been chosen.

Project I will be completed April 2008 and the other two projects will be completed in one year with the anticipated audience being psychiatrists and educators. The committee will be submitting the article to *PsychServices* or *Academic Psychiatry*.

The Committee will be watching video taped interviews conducted by IMG Residents with standardized patients and circulate a draft of the paper.

LGBT:

Present: Hoffman, Volpp, Drescher, Rosario, Hanin, McCommon, Barber, Ashley, Herbert

The Committee is working on a website on LGBT Mental Health curriculum: www.AGLP.org/GAP

The site is complete and targeted at residents, Fellows and other mental health trainees. The Committee will be brainstorming on publicizing the site and adding video clips.

International Relations:

Present: Twentyman, Kafka, Rogers

The Committee has a new topic under discussion.

Medical Education:

Present: Nadelson, Scheiber, Dickstein, Silberman

Fellow: Holly Crisp-Han

Guest: Alan Kaplan

The Committee is working on an article on “Fostering Research Careers for Psychiatry Residents”. The targeted audience is psychiatric educators and November 2008 is the projected date.

Mental Health Services:

Present: Vergare, Ranz, Sullivan, Ackerman, Everett, McQuistion

Fellow: Glen Davis

Guests: Anna Skiandos and Patrick Runnels

The Committee is developing learning guidelines for training directors and residents focused on system based practice. The Committee will be reviewing work products from the Fall Meeting and liaison with AACP Work Group and explore an ongoing relationship with AADPRT in this area.

Planning, Marketing and Communications Committee:

Present: Doctors Fink, Sharfstein, Looney, Ruben, Powsner

The Committee discussed four topics, which we hope will be important to GAP. First, we reviewed the complaints about the website which included difficult to navigate, unattractive, and confusing concerning the password. Since the membership is not using the available space to do work between meetings, we agreed that we could do away with the passwords. Seth Powsner indicated there is a way to protect the privacy of our membership directory while deleting the password requirement. We are seeking a web designer and web master to help us improve the website immediately.

Second, we discussed the Fellowship at length and the relative lack of visibility of GAP. It is the obligation of all GAP members to talk to the training director at their university about applying for a GAP Fellowship slot. Although we have reduced the number of slots from 25 to 15, it is still a unique opportunity for residents to participate in four meetings and work with a committee on research and writing a paper or a book. Enhancing the visibility of GAP is essential for our long-term survival. We also need to improve the logo of GAP to help insure proper “branding” of our products. The recent issue of *Psychiatric Annals* on prevention was a product of our GAP Committee on Prevention, but we did not insure that all members were copied nor did we get the GAP logo prominently displayed. It was a great job!!!

Third, we discussed the idea of getting advertising revenue on our website by getting SPONSORS and this may be a good idea. We are not as interested in pharma as we are in the revenue sources, e.g., the Marriott Corporation since we meet in one of their hotels twice a year.

Finally, we discussed the idea of a GAP blog. We would need all committees to post a blog on our website at least

twice a year. But it has to be a real commitment. Everyone was excited by the POSTER idea, but it seems to have fizzled. I think it would be great if we could have all committees cooperating in total GAP organizational projects such as these. The blog idea needs a great deal more discussion before we would launch it.

Preventive Psychiatry:

Present: Pruitt, Compton, Koplan, Powers, Wissow

Fellow: Christopher Olesky

The Committee is working on a monograph "Concise Guide to Prevention in Mental Health Care". The anticipated date of completion is December 2008 targeted at psychiatrists, residents, Fellows, and allied mental health professionals to be submitted to American Psychiatric Press, Inc. The Committee will submit the proposal to APPI for feedback.

Psychiatry and the Community:

Present: Talbott, Cournos, Lamb, Roth, Munetz

Fellow: William Nunley

Guest: Fred Osher

The Committee is working on a monograph on the mentally ill in prison with a completion date of April 2009 set. This will be targeted to policy makers and family members and will be distributed to state government organizations.

Psychiatry and the Law:

Present: Pinals, Resnick, Knoll, Kapley, Ash, Mossman, Giorgi-Guarnieri

Fellow: Sarah Nash

The Committee is working on an intermediate length document, screenplay. The Committee is also reviewing a Law Review article drafted by a sub-committee.

The target date for completion is April 2008 targeted at the general public after working with a producer/director/network.

Psychiatry and Religion:

Present: Lewis, Snyder, Sperry

Guest: Jeffrey Hamblin

The Committee is working on a fast track article with the first draft in preparation to be completed by Spring Meeting targeted at non-psychiatry psychotherapists. This will be submitted to the *Journal of Community Mental Health* and *PsychServices*.

This Committee is actively looking for new members, recommendations should be sent to Frances in the Central Office.

Psychopathology:

Present: Adler, Hackman, Oslin, Valenstein, Sonis, Berlant, Siris, Dixon, Goldman

Guest: Howard Goldman

The Committee is working on a fast track article on "Translational Problems of Outcome Assessments: The Clinician's Dilemma". This article will be completed by April 2008 and submitted to *PsychServices* targeted at psychiatrists. The Committee will begin working on a new project.

Psychopharmacology:

Present: Baron, Gross, Goin, Slaby, Sumner, Bhanji

Fellow: Ben Lacy

The Committee finished the DTC paper revisions to go to *PsychServices* and will be looking for a new topic.

Psychotherapy:

Present: Sledge, Bauer, Lazar

Guest: Eric Plakun

The Committee is working on: When Patients Have Difficulties Making Important Decisions: Using Motivational Interviewing to Enhance Patients Autonomous Decision-Making". The third draft is in process to be completed January 2008 targeted to primary care physicians and internists. The Committee will begin preparation to look at the study of psychotherapy approach to suicidality.

Research:

Present: Beahrs, Gardner, Grunebaum, Kerbeshian, Kramer, Looney, Sutton, Swann, Verhulst, Wamboldt

Fellow: Benjamin Woo

The Committee is working on a fast track article "Opinion: Lessons Learned since CATIE accepted by *Psychiatric Services*. The article on the Social Brain – draft in preparation will be completed in six months. The Power Point presentation on Social Brain is mostly completed to be placed on the web site to download for training programs to be complete in six months.

The Committee plans to complete publication tasks and tasks for future work were discussed. The data was reviewed for possibly future work on mental health care outcomes.

An article for *American Journal of Psychiatry* will be sent to members for additional input and then readied for submission. The members will edit the Power Point presentation.

Social Issues:

Present: Lurie, Ottenberg, Dowben, Rosenthal

Fellow: Mehret Gebretsadik

The Committee is working on a longitudinal study of professional development, value changes and job satisfaction. The Committee is working with the Fellows on this project targeted to be completed in one year and to be targeted at general psychiatrists.

Terrorism and Political Violence:

Present: Post

Guests: Jeff Victoroff, Schuyler Henderson, Farhana Ali

The Committee is working on an article "The Psychology of Suicide Terrorism". The Committee has incorporated the suggestions from the Publications Board and will re-submit by November 15th. This will be targeted to mental health providers and psychiatrists.

The Committee will begin working on the development of "Refugee Psychology, the Diaspora, and Radicalization".

Therapeutic Care:

Present: Finkenbine, Gruenberg, Fidler, Hunter

The Committee is working on an oral history of American psychiatry to be completed by March 2009, targeted at general residency program directors and general residents in psychiatry. With a follow up manuscript targeted to *Academic Psychiatry*.

The Committee will be working on completing the outline of the narrative, preliminary review of first edit and identifying gaps in oral perspective. The Committee will be working to develop subtopics within the DVD titles with further editing and begin reviewing the next edit of videos and consider need for further interviews.

Work and Organizations:

Present: Morrison, Gibson, Morrison, III, Greiff, Hagen, Heidel, Larsen

Guests: Sridhar Ramamoorti, Bethany McLean

The Committee is working on an annotated Table of Contents "Business is Personal".



ANNOUNCEMENTS

The Board thanks the following individuals for contributions during this calendar year and we always thank those of you who do not request travel reimbursement.

David Adler
Peter Ash
Jack Bonner
Paul Fink
Richard Friedman
Sanjay Gulati

Carol Koplan
Justin McCarthy
Ken Minkoff
Stephen Scheiber
John Schowalter
Peter Tanguay

Corporate Contributions

NBOME	\$7,500.00
Gill Foundation	\$11,000.00
Eli Lilly	\$33,400.00



Obituaries

We note with sadness the deaths of two long time GAP members, Donald Hammersley and Herbert Modlin. Members may wish to make coupon donations to GAP in their memory.

Herbert Modlin, a former GAP president, died on March 30, in Topeka, Kansas at the age of 94. He was originally from Omaha, Nebraska and attended undergraduate and medical school there. After training in psychiatry and serving in the Army Air Force during World War II he came to Topeka in 1945. He stayed there for his entire career, serving on the staff at the Menninger Clinic for 45 years. His particular interest was forensic psychiatry, for which he was nationally known. He taught in law schools, published widely, served as an expert witness throughout the country, developed a department of psychiatry and the law at Menninger, and was instrumental in the development of the certification process in forensic psychiatry. His wife of 69 years died in 2002, and he is survived by his son, Terrance Modlin of Topeka.

Don Hammersley died at age 82 in Bethesda, Md., on July 16, of complications of congestive heart failure and diabetes. He was an APA staff member for 26 years, and serving as deputy medical director from 1971 to 1988, and prior to that directing the APA's professional-services and professional-education projects. He graduated from medical school at the University of Wisconsin and received his psychiatric training at the Menninger School of Psychiatry in Topeka, Kan., and had a long tenure as a member of its board of trustees.

Dr. Hammersley was also the editor of the APA journal *Hospital and Community Psychiatry* (now *Psychiatric Services*) from 1970 through 1980. John Talbott, in an article titled *Don Hammersley: A Career of Quiet Accomplishment(1)*, noted that during his long career Don had played important, although not always well known, roles in the development of accreditation standards for psychiatric facilities, insurance coverage for mental illness, and disability benefits for people with mental disabilities.

Reference

1. Talbott J: Don Hammersley: A Career of Quiet Accomplishment. *Hosp Community Psychiatry* 2008; 39(1):9-10

GAP Welcomes First Time Guests

Marie Claude-Saint Jean Rigaud

Rao Gogineni

Jeffrey Hamblin

Jim Hicks

Stuart Hirsch

Kristina Jones

Allan Josephson

Allan Kaplan

Fred Osher

Eric Plakun

Patrick Runnels

Anna Skiandos

Robert Like

Michael Stone

**GAP Welcomes New Members**

Paul Barreira

Jonathan Dowben

Junius Gonzales

Michael Grunebaum

Schuyler Henderson

Todd Holzman

Ed Kantor

Craig Katz

John Miner

Diane Sacks

Ramotse Saunders

Jeff Victoroff

John Walkup

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DATES OF FUTURE GAP MEETINGS

2008**APRIL 10-12****NOVEMBER 13-15****2009****APRIL 16-18****NOVEMBER 12-14****2010****APRIL 15-17****NOVEMBER 11-13**